

Fall Frolic Overnight – Personal Kit List

Sleeping Gear

- Sleeping bag — waterproof using a ground sheet or shower curtain and rope. You can also use a stuff sack.
- Extra blanket - September camping can get chilly!
- Pillow
- Ground sheet
- Single size sleeping pad or air mattress with pump — **no electricity is available**

Miscellaneous

- Flashlight with extra batteries
- Small backpack to carry sunscreen, insect repellent, water, and a jacket during the day
- **Optional:** Campfire blanket, Sit Upon or camp chair, Book

Clothing

- Raincoat and boots, as per the weather
- 2 pairs of underwear and socks
- Fall jacket
- Sweater or sweatshirt
- Pyjamas (2-piece)
- Comfortable closed-toe shoes — **no sandals or flip-flops**
- 2 T-shirts (no spaghetti straps or crop tops)
- Long pants & shorts
- Camp hat

We will be doing a craft using an old Tshirt. Please bring one that you no longer wear. We will be cutting it up and it will not be wearable as a tshirt afterwards.

Toiletries

Toothbrush, Toothpaste, Deodorant, Washcloth, Hairbrush, Hand towel, Extra hair ties, Sunscreen, Package of tissues, Soap, Insect repellent **CAMP TIP: Put toiletries in a large zip-top bag.**

****Please note you will be using outdoor lats during this event.**

Medications

Medications must be packed in a zip-top bag and kept in their original containers, with the dosage clearly labelled.

Dishes

- Hangable mesh bag
- Cup or mug, Plate, Bowl, Knife, Fork, Spoon, Reusable water bottle

NO GLASS DISHES, PLEASE!

What Not to Bring

- Any food, candy, or gum, Perfume, Valuables