

Journey Through Time

2024 Provincial Guide Summer Camp

This package has been designed to provide most of the information participants and parents will need to be prepared for the provincial Summer Guide Camp at Camp Jubilee in July. Any additional information will be emailed to parents/guardians.

Event start/end: Guides should be dropped off on **Sunday, July 28** between 1 p.m. and 2 p.m. at Tangletrees on Pigeon Lake, Alberta (see attached map). The gate will not be open before 1 p.m. to allow time for Guiders to be set up and ready for the Guides to arrive.

Guides should be picked up on **Saturday, August 3** between 11:00 a.m. to noon. The girls will not have had lunch, but there will be a snack available for them to take on the road.

Program overview: Each day of the week will be from a different era of history. On that day, we will do activities (crafts, games, etc) that relate to that era. While we are still working on the final program, we are considering the following theme days – dinosaurs, pioneer/western, 1970's and the future. In addition, we will take a day trip. See the attached for a sample day plan.

Kit list: Attached is the kit list for the event. Essentially, Guides need to be prepared to be outside for the whole week in all kinds of weather (sun, rain, wind, etc.) as we have limited shelters available to us.

Food: The Guides will be cooking their own food– three meals a day! They will cook in patrols of 6-8 participants with a Guider supervising and helping where necessary. Everyone expected to help with preparing each meal, so they are learning different cooking methods. Other than accommodation for known allergies and dietary restrictions, we won't have a lot of flexibility on the food provided for each meal. However, please make sure your Guide knows that if she is ever hungry at the camp, she should let a Guider know as we can often provide an alternative.

Transportation during the event: We will be using chartered school buses for out trips, but we will also be walking down to the lake front and for other short walks in the area.

Emergency contact number: Philippa's cell phone number will be the emergency contact number for the event (403.815.9003). You can call or text this number in the case of an emergency. If you do not reach us, please leave a message and we will return your call as soon as possible.

Health and Medications: If you are sending any medication to the event (prescription or over the counter medication), you must fill out and include an H.3 form with the full instructions on the medication. The medication must be in the original container labelled with the girl's name. If anything, else is required to take the medication (food, juice, spoons, etc), it must be provided in sufficient quantity for the entire week – refrigeration will be available. When arriving at the event, please check in

with the camp staff to provide all the details. Make sure that the health form submitted outlines any health or dietary restrictions so we can accommodate those needs.

Forms: We have attached the required forms for the event. The Health Form (H.1), Permission Form (SG.2) and, if required, a Medication Plan and Administration Record (H.3) must be returned by **June 15th**. Your Guide may also need to complete a swimming/boating test, but we will contact you separately about that.

Forms may be either:

- Scanned and emailed to any-guidesummercamp@girlguides.ca
- Mailed to Philippa Wagner, 23 Templeson Rd, NE, Calgary, AB, T1Y 5L5

Cell phones and other electronics: There will be no availability for charging phones and other electronics, so they should not be brought to camp. Aside from the charging issues, camp is a difficult place for cell phones and other electronics, and they are at a high risk of being damaged and Girl Guides does not take responsibility for lost or damaged items. We know that these days it can be a challenge to be out of communication with family, but we assure you that if there are any issues with your Guide, we will reach out to you.

If you have any questions, please contact us.

Thank you,
Philippa and Tamra

Philippa Wagner
403-815-9003
Any-guidesummercamp@girlguides.ca

Tamra Dorma
403-700-5317
Any-guidesummercamp@girlguides.ca

Kit List

The Guides will be sleeping in tents and will be outside for almost all of the camp. The following items will ensure they are prepared for the event. Items need not be new and should be labeled with the Guide's name. Items should be brought to camp in a back-pack or duffle bag (no suitcases) and a waterproof bedroll.

- ___ 1 WARM sleeping bag
- ___ 1 sleeping mat (thermarest, ensolite pad or other foam sleeping mat – no air mattresses)
- ___ campfire blanket
- ___ 1 small pillow
- ___ 2 pairs pyjamas (2 piece preferred)
- ___ 2 water bottles (one for water and one for juice)
- ___ 1 day pack
- ___ 1 warm jacket
- ___ toque and light mittens/gloves
- ___ 1 raincoat and pants (must be waterproof NOT water resistant)
- ___ 1 pair rubber boots or other waterproof footwear
- ___ 1-2 pair good walking shoes/runners/hiking boots
- ___ socks and underwear for duration of event
- ___ 4-5 t-shirts
- ___ 3 sweatshirts/hoodies
- ___ 4 pairs of pants (no jeans)
- ___ 2-3 pairs of shorts
- ___ 1 set of uniform (shirt, scarf, badge sash)
- ___ 1 swimsuit, towel and small container of shampoo
- ___ 2 plastic garbage bags (for wet and/or dirty clothes)
- ___ 1 hat with a brim
- ___ 1 flashlight/headlamp and spare batteries
- ___ books or other quiet activities
- ___ 1 Personnel Kit (soap, facecloth, small hand towel, toothbrush, toothpaste, plastic cup, hairbrush or comb, hair elastics, lip balm, Kleenex, shampoo, sunscreen, insect repellent)
- ___ Baby wipes (2-3 per day for washing as we won't have access to showers)
- ___ Camp dishes – non-breakable plate, bowl, mug, knife, fork and spoon, brought and stored in a mesh or cloth bag
- ___ Sit upon

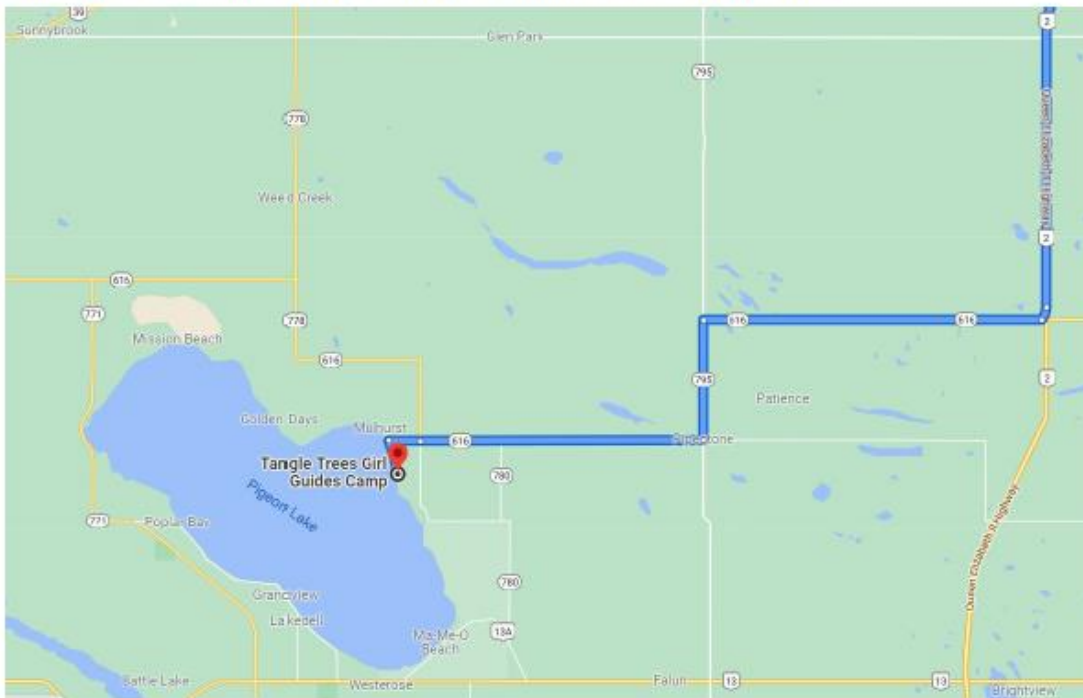
Optional

- ___ camera, plus spare batteries or charger
- ___ traders
- ___ sunglasses
- ___ case for storing glasses at night

Sample Day Schedule

7:30	Rise and Shine
8:00	Breakfast, clean-up, duties
9:30	Flag
10:00	Morning Activities
12:00	Lunch and clean-up
1:30	Afternoon activity
4:00	Free time
5:30	Dinner, clean-up, duties
7:00	Wide games
8:00	Campfire
9:00	Snack
9:30	Get ready for bed
10:00	Lights out

Directions (from Edmonton) to Tangletrees Campsite



Take Highway 2 South (Queen Elizabeth Highway) to Exit 497 Secondary AB-616 W

Exit to the right (west)

Follow Secondary AB-616 W west till the stop at the T-intersection

Turn left (south) onto Secondary AB-616 W/AB-795 S

After going through Pipestone, turn right (west) onto Secondary AB-616 W

Continue west until the four-way stop. Continue straight after stopping. Observe the speed limit 50 km/h

Turn left (south) on Silver Beach Road (sign for Summer Village of Silver Beach, before road bends north)

Speed limit on Silver Beach Road is 30 km/h

Campsite is on the left at 92 Silver Beach Road

