**OAL Tent Camp Training May 2025 Kit list**

Plan to bring the following (avoid cotton as much as possible)

* 2 T / long sleeved shirts base layer ,
* 2-3 mid layer -long sleeved shirt, hooded fleece or warm jacket/sweater/vest
* Top layer – can be rainchoat/or additional wind breaker or similar
* long pants-2 pr can have a base layer (eg. Leggings) and top layer rainpants and windpants
* a change of underwear and socks- 1 per day, socks at least 1 pr extra

**need to bring a complete change of clothes plus addl for rain and cooler weather**

* Shoes for walking and 2nd pr of shoes and 2 pr of plastic bags to waterproof feet or waterproofed boots.
* Raincoat with hood – rain pants or add another pair of pants.
* Hat with brim, toque, gloves; sunglasses, lip balm
* Plastic/waterproof bag for wet/dirty clothes; Toiletries: towel, face cloth, soap, toothbrush, toothpaste, hairbrush/comb, hair ties, sanitary supplies as needed – all in a bag or container
* Flashlight (headlamp preferred), water bottle, sunscreen, insect repellant, small day pack
* Dish bag (mesh)with plate, bowl, cup, knife fork spoon – all unbreakable and no disposables
* Sleeping pad, Sleeping bag with blanket and/or liner, pillow and pajamas in a waterproof bag or container Avoid “air beds” and cots unless you are bringing a tent that you know can accommodate the item.
* A camp chair would be a good idea, optional - compass, knife, camera

ALL ITEMS TO BE PACKED INTO A PACK/BAG/TOTE/OTHER THAT IS LINED WITH A LARGE BAG OR OTHERWISE WATERPROOFED.

You can bring a tent – a 2 person for 1, 3-4 person for 2, 5-6 person for 3. I have 3-4 person tents for 2. And 2 person tents for 1.

* Please do not pack food with your personal items OR bring any food into the sleeping tents.
* Medications – Have them secured and tell Joleen or Aletta where they are stored
* All participants are expected to follow the Guide Code of conduct throughout this camp.
* Trainers are not responsible for lost or broken items.
* Group equipment will be determined by numbers and you will be asked to contribute items.