### Monashee Area Embers Tent Camp

May 18 – 20th, 2024 at Camp Arbuckle

## PERSONAL KIT LIST

**ALL ITEMS SHOULD BE LABELLED WITH EMBER'S FIRST AND LAST NAMES**.

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| **BASIC EQUIPMENT**🞎Small backpack 🞎 Camp hat🞎 Flashlight with new batteries🞎 Personal first aid kit🞎 Water bottle **CLOTHING*** Warm pyjamas/sweatpants and hoodie
* Bed socks
* Toque or hat for sleeping
* Mittens or gloves

 🞎 Warm jacket & rain gear 🞎 Sweater or warm sweatshirt/hoodie 🞎 2 T-shirts 🞎 Extra pair long pants 🞎 3 pair underwear 🞎 4 pair socks* Extra pair of running shoes
* Pair of shorts (optional)
* Swimsuit and towel

**FOOD** – Bagged lunch for Saturday (NO NUTS) **DO NOT BRING** JEWELRY CANDY OR GUM OPEN TOED SANDALS or FLIP FLOPS ELECTRONIC GAMES  EXTRA FOOD  CELL PHONE | **BEDROLL** (waterproofed) 🞎 Warm sleeping bag (not slumber sack) 🞎 Foamy (no air mattress or lump of foam) 🞎 Groundsheet (6' X 8') or shower curtain* Extra blanket or fleece

 🞎 Small pillow (optional)**TOILETRIES**  🞎 Toothpaste & toothbrush 🞎 Hairbrush or comb 🞎 Hair ties* Small plastic cup for teeth cleaning
* SPF lip balm
* Sunscreen
* Bug repellant (if desired)
* 2 Bread Bags or dog waste pick up bags (in case inside of shoes gets wet)

 **OPTIONAL** 🞎 Campfire blanket 🞎 Camera 🞎 Book to read 🞎 Stuffed animal (max 8”) **UNIFORM**The girls do not need to wear their uniform shirts, ties or badge scarves to this camp. **MEDICATIONS – place in a ziplock bag labelled with the girl’s name, in original drugstore container with dosage instructions. Parents must complete an H3 form and put it in bag prior to camp.** |