### Monashee Area Embers Tent Camp

May 18 – 20th, 2024 at Camp Arbuckle

## PERSONAL KIT LIST

**ALL ITEMS SHOULD BE LABELLED WITH EMBER'S FIRST AND LAST NAMES**.

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| **BASIC EQUIPMENT**  🞎Small backpack  🞎 Camp hat  🞎 Flashlight with new batteries  🞎 Personal first aid kit  🞎 Water bottle  **CLOTHING**   * Warm pyjamas/sweatpants and hoodie * Bed socks * Toque or hat for sleeping * Mittens or gloves   🞎 Warm jacket & rain gear  🞎 Sweater or warm sweatshirt/hoodie  🞎 2 T-shirts  🞎 Extra pair long pants  🞎 3 pair underwear  🞎 4 pair socks   * Extra pair of running shoes * Pair of shorts (optional) * Swimsuit and towel   **FOOD** – Bagged lunch for Saturday (NO NUTS)  **DO NOT BRING**  JEWELRY  CANDY OR GUM  OPEN TOED SANDALS or FLIP FLOPS  ELECTRONIC GAMES  EXTRA FOOD  CELL PHONE | **BEDROLL** (waterproofed)  🞎 Warm sleeping bag (not slumber sack)  🞎 Foamy (no air mattress or lump of foam)  🞎 Groundsheet (6' X 8') or shower curtain   * Extra blanket or fleece   🞎 Small pillow (optional)  **TOILETRIES**  🞎 Toothpaste & toothbrush  🞎 Hairbrush or comb  🞎 Hair ties   * Small plastic cup for teeth cleaning * SPF lip balm * Sunscreen * Bug repellant (if desired) * 2 Bread Bags or dog waste pick up bags (in case inside of shoes gets wet)   **OPTIONAL**  🞎 Campfire blanket  🞎 Camera  🞎 Book to read  🞎 Stuffed animal (max 8”)    **UNIFORM**  The girls do not need to wear their uniform shirts, ties or badge scarves to this camp.    **MEDICATIONS – place in a ziplock bag labelled with the girl’s name, in original drugstore container with dosage instructions. Parents must complete an H3 form and put it in bag prior to camp.** |