**Guiders – Keep this form and submit as part of the** [**Safe Guide Retention Package**](https://mz.girlguides.ca/web/MZ/Guider_Resources/Safe_Guide_SubPages/SGPC_Form.aspx)**.**

Activities are organized according to Girl Guides of Canada’s Safe Guide. Safe Guide sets procedures for activity management including supervision, training, equipment, and health matters. A copy of Safe Guide is available from [www.GirlGuides.ca](http://www.girlguides.ca/).

**If your daughter/ward has any disabilities that may require accommodation, disclosing and discussing them with us will help us accommodate her.**

**Parents/Guardians – please retain this sheet for your information!**

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| **WHAT - Activity Information** |
| Activity/event/camp: Parkour Pals Sleepover  | Today’s date: 2/20/2024  |
| Unit(s): Spark and Ember units at a multi-unit event hosted by West Coast Area |
| Responsible Guider: Diamond Isinger  | Cost (including GST/HST): $30  |
| **Activity description**: (Guiders – give a description of the overall activity, event, or camp. Try to “paint a picture” of what it will be like for the girls.)Climb high, jump around, leap into a giant foam pit, play active games, meet friends, and try new things! Join us at the first-ever sleepover at Origins Parkour, an indoor parkour gym in East Vancouver, on Saturday, April 6. Please eat dinner before arriving – snack and breakfast are provided but dinner will not be served. This event is an overnight activity for all youth/adults. Participants are expected to participate in the full experience from the evening start time until the morning end time. Please arrive between 6:00-6:15pm. |
| **Purpose of Activity**: (Guiders – please provide a brief explanation of how the girls will benefit from participating in the activity.)Gain new skills, meet new friends, develop confidence and independence at an overnight sleepover. |
| **WHEN** |
| Start date & time: 4/6/2024 at 6:00pm  | End date & time: 4/7/2024 at 8:30am  |
| **WHERE** |
| Location/facility name: Origins Parkour  | Contact number: (604) 558-1779  |
| Address: 2655 Main St, 3rd Floor, Vancouver BC, V5T 3E5 Street Address City/Town Prov Postal Code |
| Brief description of facility/site: Indoor parkour gym with elements like structures, sprung floors, foam pit |
| For overnights, type of accommodation: | [ ]  Meeting hall [ ]  Camp Building [ ]  Tent [ ]  Hotel [ ]  Hostel [x]  Other (please list): Gym |
| **WHO** |
| Number of children/youth expected: 100  |
| Minimum supervision ratios will be: 1 : 5 Supervisors : GirlsMandatory minimum supervision ratios can be found in Safe Guide. |
| Supervision will be provided as follows: (Guiders – please briefly explain how supervision will be managed.)Guiders will accompany youth from their units and supervise them at a 1:5 ratio throughout the event, as well as qualified instructors also being on-site during the parkour activities. |

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| HOW – Transportation Information |
| Parent/guardian will provide transportation to and from activity: [x]  Yes [ ]  No |
| Arrangements for transportation:  |
| Departure time and location:  |
| Return time and location:  |
| **Drivers must ensure that owner of a vehicle has appropriate insurance.** Because of the way vehicle insurance is organized in Canada, coverage is only available through the vehicle owner. The owner is responsible for maintaining their vehicle insurance and for any injury to anyone or physical damage to their vehicle, another vehicle, resulting from its use for a GGC sanctioned activity. |
| Specific activities will include:(Guiders – please list the different activities the girls will be doing) | Girls will require the following:(Guiders – please attach a kit list if more space is required) |
| Parkour activities at an indoor parkour gym, including facilitation, active games, and free time | Money: $ Fee paid in advance to unit |
| Campfire singalong to share old and new songs | Equipment: See kit list |
| Evening snack and light breakfast | Food: Please eat dinner beforehand; do not bring other food |
| Fun and friendship | Clothing: See kit list |
|   | Other:  |
|   | Kit list attached: Yes [x]  No [ ]  |
| A detailed itinerary is attached: Yes [ ]  No [x]  |
| **If you require more information, please contact:** |
| Guider’s name: Diamond Isinger (Organizer) | Guider’s name: Your Child’s Unit Guiders |
| Phone number: 778-882-1994 | Phone number:  |
| E-mail: diamondisinger@gmail.com  | E-mail:  |