
MANITOBA
ANNUAL CONVENTION



2024

Note From Provincial Commissioner



Dear Guiders and Rangers,

I would like to extend an invitation to each of you to attend the 2024 Annual Provincial Convention taking place April 26-28 at the Access Event Centre in Morden.

This year's theme, We DIG Guiding, will focus on trainings relevant to Guiding in today's climate and fun theme related sessions like exploring the Fossil Discovery Center. Session options will also include opportunities to get out in the local community for excursions.

We hope there is something for everyone!

The convention is a great way to learn new skills, brush up on old skills, make new friends and reconnect with friends you haven't seen in a while.

We hope to see you there!

A handwritten signature in black ink, reading "Heather McFadyen". The signature is fluid and cursive, with a large initial 'H'.

Heather McFadyen
Provincial Commissioner

Annual Convention

CONVENTION DETAILS

April 26 - 28, 2024
Access Event Centre
Morden, Manitoba



**Tip: carpool +
share a room
with friends!**

REGISTRATION

Registration for the 2024 convention will be \$90
Registration deadline is March 22

*Partial reimbursements may be available from your District and/or Area, contact them for details

Some sessions may have an additional cost, which are noted in the session description.

ACCOMODATIONS + TRANSPORTATION

Rooms have been reserved at Best Western Morden for \$143/night (plus taxes). Contact 204.822.6116 to book one of those rooms, just let them know you're with GGC.

Transportation will not be provided and will need to be organized by each attendee. The hotel and convention space is approx. 5 min drive from each other. Transportation to off-site sessions will also need to be arranged by participants. Off-site sessions are located in Morden and Winkler.

NOTES

Guiding wear is encouraged for the sessions and a uniform is required for the dinner

Service Project

SUPPORTING WOMEN IN THE LOCAL COMMUNITY

We will be collecting the following items for Genesis House, please bring any donation items with you to the convention as we support the work of this important organization in the community.

- Non-perishable food items
- Cleaning Supplies (dish soap, laundry detergent, cleaners)
- Household Supplies (tissue, paper towel, tinfoil, plastic wrap, ziplocs)

ABOUT GENESIS HOUSE

Genesis House exists so there will be:

- **Empowerment** for women and children to connect to their personal power,
- **Resources** for women in abusive situations,
- **Assistance** in reaching goals,
- **Safety** for women and children in facility and protection planning,
- **Education** to the community to decrease the incidence of abuse,
- **Support** for women and children 24 hours a day, 7 days a week to help them make informed choices

Services provided:

24 Hour Crisis Line, Residential Services, Non-Residential Services

Advocacy: accompanying you to your lawyer, doctor, court dates, etc.

Follow-Up Services, Referrals for financial assistance, lawyers, CFS,

education, employment, etc., 2nd Stage Housing, Resource Center,

Problem Solving, Assistance in Protection Planning, Support for Abused Elderly, Support Groups, Counselling, Child/Teen Counselling



Genesis House
Shelter for Abused Women and their Children

Convention Schedule

FRIDAY, APRIL 26

6:00pm - 8:00pm	Early Registration (can also register Saturday morning)
7:00pm - 10:00pm	Meet + Greet (connect, hang out, crest swaps, hat crafts)

SATURDAY, APRIL 27

7:30am - 8:30am	Registration + Breakfast
8:30am - 9:15am	Plenary Dr. Kirstin Brink, Curator + Professor
9:30am - 10:45am	Session 1
11:00am - 12:30pm	Session 2
12:30pm - 1:30pm	Lunch
1:45pm - 3:15pm	Session 3
3:30pm - 5:00pm	Session 4
6:30pm - 7:00pm	Cocktails
7:00pm - 10:00pm	Dinner + Awards

SUNDAY, APRIL 28

8:00am - 9:00am	Breakfast
9:00am - 9:30am	Helen Cashman Guiding Ambassador
9:45am - 11:00am	Session 5
11:15am - 11:45am	Guides Own

Convention Sessions

SESSION 1

Creating Safe + Inclusive Spaces | Creating a safe, inclusive space for the kids in your unit benefits everyone! Join us for some tips and tricks about best practices to help different kids thrive in your meeting spaces and on the go

Conflict Resolution | Conflict is inevitable. How we look and deal with conflict can change the outcome. Navigating difficult conversations with fellow volunteers, parents and members can be challenging. Come explore some effective ways to handle these situations

First Aid (part 1) | Emergency First Aid certification. This will be a hybrid approach with online training to be completed prior to the in person practical component. This session has an additional cost of \$94.50

*as units are required to have 1 first aid Guider, many Districts and Areas offer a partial reimbursement for the course fee after completing first aid certification

NOTE: First Aid will run 8am-12:30pm, starting earlier than the other sessions

Global Guiding | CWFF & WAGGGS ? Come out and learn more about what they mean to Guiding and how to support them. Participate in some easy games and find out about our World Centres, where and how you can include international in your program, and share what you have done to inspire international Guiding in your unit.

SESSION 2

Wellness + The Outdoors (Momenta) | Are you looking for a deeper connection with yourself, others, youth members or your surroundings? Momenta will be able to guide you in developing these connections all while spending time in the great outdoors (weather permitting). Skilled instructions will guide you through this 90 minute session that allows you to use nature as your anchor in deeper connections for all of the above

Convention Sessions

SESSION 2

Tips for Supporting Neuro-Divergent Kids | Managing challenging behaviours while encouraging participation can be frustrating. This session will look at ADHD, Anxiety and other disruptive behaviours with sensory suggestions and strategies for supporting our Neuro-Diverse youth. Our facilitator is a therapist who has worked at Manitoba Adolescent Treatment Centre with kids with ADHD etc. She was a Girl Guide leader for many years, and understands the struggles with group dynamics and varying levels of abilities.

Yoga | Join Soulful Yoga in a restorative yoga practice suitable for all levels of experience. Bring a water bottle, clothes to move in and a mat. (Rental mats available for a fee). This session will take place off-site and have an additional cost of \$2

Valley Bowling Lanes | Can you spare some time today to strike up some fun with your friends? Enjoy an afternoon of bowling at the Valley Bowling Lanes in Winkler! You can play for fun or bowl to compete with other teams at the lanes. Don't be a turkey; come bowl the afternoon away!. This session will take place off-site and have an additional cost of \$15 (shoe rental included)

Adult Pinterest Crafts | Do you love combing Pinterest but then never find the time to do something beyond the Spark or Ember Level? Join us to create something beautiful from the pages of Pinterest, but items that need a little more than safety scissors and white glue! We will have everything you need to create something beautiful for yourself!

First Aid (part 2) | Participants must be signed up for session one and will continue completing their first aid certification in this two part session

Convention Sessions

SESSION 3

Taking Kids Outside (Momenta) | Escape the four walls of your meeting space this spring! Not only does this workshop allow you to spend time outside, but you can also develop new skills and go through the necessary preparations to take your unit outside in a safe and educational way. Skilled instructions will guide you along for these 90 minutes of connecting and learning in the great outdoors!

Leading With Emotional Courage | As Guiders we sometimes need to have difficult conversations with co-guiders and family members. Some of us lose sleep for days prior to the discussion. Others avoid it. Some find it easy. This session will share tips from Peter Bregman's book, *Leading With Emotional Courage: How to Have Hard Conversations, Create Accountability, And Inspire Action On Your Most Important Work*

Youth Awards | This session will focus on the Lady Baden-Powell, Canada Cord and Trailblazer Awards with discussion and 'tips & tricks' for Guiders on ways to keep youth engaged and on track with the awards. Experienced Guiders are welcome to share their ideas on how to incorporate these awards into unit programming, while supporting and encouraging individual efforts in achieving them

Geocaching - Beyond Basics | Geocaching is a fun activity that can be done outside by anyone with a smart phone. But there are many types of geocaches! In this session you will learn about puzzle caches; what they are and some tips and tricks on how to solve them and where to find them. If time permits, we will learn about other types of caches as well. Note: we will not be finding caches in this session, just working out how to locate these caches

Convention Sessions

SESSION 4

Trip Planning | Want to plan a trip and not sure where to start? Come find out about the possibilities ... the "need to know" information, how to plan and manage the process. Fundraising for travel? Ideas for "less work/more profit" fundraisers and maybe "ones to avoid"

Campfire Songs | Be campfire ready and join Katie and two camp counsellors to sing and learn some "cool new songs". Songs will range from repeat after me (ideal for Sparks and Embers) to multi-verse songs. Bring your enthusiasm and voices!

Leadership Path | Interested in Leadership Path Training? This session is based on Module 2 - Building Teams and we'll discuss the key components to building a strong team, and the importance of building trust, safe spaces and shared purposes, principles and practices

Pembina Hills Art Centre | Ready? Set? Paint! Follow along with an instructor from the Pembina Hills Art Center in Morden to create your very own masterpiece! This session is open to participants of all levels for a relaxing afternoon of painting, laughs and friendship! This session will take place off-site and have an additional cost of \$15

Fossil Discovery Centre | Self Guided visit at the Canadian Fossil Discovery Centre Dig into Manitoba's ancient history with a visit to the Canadian Fossil Discovery Centre! The museum features exhibits on life in the Western Interior Seaway from the late Cretaceous period of earth's prehistory. And meet legendary Bruce the Mosasaur! This session will take place off-site and have an additional cost of \$9.25

Escape Room | Do you like puzzles, problem-solving, and the excitement of a challenge? Work as a team with other participants to escape one of the unique rooms at Elevaro in just 60 minutes. This session will take place off-site and have an additional cost of \$20

Convention Sessions



SESSION 5

Branch Sharing | Whether you are new to Guiding or a seasoned veteran, this session will be an opportunity to exchange ideas, hear what other units are up to, and share what your unit has done and/or ask questions about your unit. Talk with other Guiders in the same position as you and learn from each other as you grow more comfortable in your role as Guider.

There will be separate sessions for Sparks + Embers, Guides, and Pathfinders + Rangers