**Generic Kit List for Green Mania Participants**

**Sleeping**

- sleeping system: sleeping bag or quilt and blankets, foam or thermarest, pillow or bag to stuff clothing in

- pjs or sleep wear

**Daily**

- Short (with shoulder caps) and long sleeved tops

- Pants and one pair of shorts

- underwear

- 3 + pairs of socks

- sweater or fleece top

- windproof jacket

- hat

- running shoes or hiking boots

- recommend a complete change of clothing for each day camping

**Rainwear**

- rain jacket

- rain boots

**Other**

- water bottle

- sunscreen

- sunglasses

- bug repellent

- lip balm

- flashlight with spare batteries

- ditty bag containing plate, bowl, cup/mug, spoon, fork, knife

- toiletries: toothbrush, tooth paste,brush/comb, soap, face cloth, deodorant

- sanitary products

- medication in original containers and labeled with youth’s name

- camp chair