

Maiden's Quest 2024 Kit List

Please let the camper help pack so they know where things are in their bag. Please **label everything** with their name. **Do not pack anything in garbage bags. DO NOT BRING ELECTRONIC ITEMS, ANY FOOD, GUM, OR ITEMS OF VALUE**

****In regards to cell phones – Girls can bring their cell phone at THEIR RISK. There is no Wifi at camp. ****

- **bedroll (tenting)** - Here's a link if this is new to you:

https://www.youtube.com/watch?v=7386_TVsxZg

- tarp or plastic to cover
- rope or bungee cords to tie around the bedroll
- foam or self-inflating pad (*NO AIR MATTRESSES*)
- sleeping bag
- inner liner (optional)
- extra blanket
- pillow
- extra socks (saved just for sleeping)
- a light toque (saved just for sleeping)
- light pair of mittens (saved just for sleeping)

- **bedroll (lodge)**

bottom bedsheet (to cover mattress)

sleeping bag

pillow

extra blanket

inner liner/top bedsheet (optional)

tarp or plastic to cover

rope or bungee cords to tie around the bedroll

OR

all items rolled into a duffle bag/waterproof bag

- **shoes** – sturdy, good fitting, walking shoes or good runners – (*NO BACKLESS SHOES/CROCS, NO HEELS, NO OPEN-TOED SANDALS, no Flip-flops*)

- Inside shoes/slippers – lodge only

- **clothes** – *NO DRESSES, NO SKIRTS*

- 3-4 pair pants or shorts or skorts, including one pair pants minimum
- 3-4 shirts, including one long sleeve shirt (*depending on the weather, sleeveless tops will be permitted at the beach/lake only*)
- 3-4 pair socks

- underclothes as needed
- 1-2 pajamas: 2 piece recommended (*NO NIGHTIES*)
- Bath towel for shower
- 1 swimsuit

- **rain gear** - (*NO UMBRELLAS*)

- rubber boots
- raincoat
- rain hat (if coat doesn't have a hood)
- rain pants

- **wide-brimmed hat** - to be worn at all times

- **warm clothes**

- mitts
- toque
- 1-2 sweaters

- **toiletries**

- container to hold everything
- face cloth
- soap
- towel
- toothbrush
- toothpaste
- cup to rinse mouth
- comb and/or brush
- ponytail holders
- deodorant
- shampoo, conditioner and body soap, if desired
- sanitary supplies if needed

- **day pack** with shoulder straps to carry items outside

- lip care
- sunscreen (30 spf)
- bug repellent
- notebook & pencil
- refillable water bottle
- whistle
- flashlight or headlamp, extra batteries

- **garbage bags** or cloth bags – 2 for dirty or wet clothes

- **dish bag** – sturdy & reusable/unbreakable dishes, *LABELLED*
 - plate
 - bowl
 - knife
 - fork
 - spoon
 - mug and/or glass (must be able to hold hot items)
 - cloth or small-hole mesh bag, *NO PLASTIC BAGS AS DISH BAGS*

- **fun things** – all optional
 - stuffie
 - inexpensive camera
 - quiet time activities – books, drawing
 - campfire blanket (may double as extra blanket for bedroll)
 - sit upon
 - sunglasses
 - PFD that fits
 - lockblade knife or multi-tool (Guides, Pathfinder & Rangers ONLY)
 - clothing to give away/swap

- **medications** – if required or sent just in case, *IN ORIGINAL PACKAGES, with dosage instructions*, with **H3 form**. No medications can be administered without parental approval.
 Examples also include After-Bite, Polysporin, Tylenol, Anti-diarrheal, Allergy, Midol, etc.
 Medications not sent cannot be given to girls.