Camp Skills Development Day

Friday, September 13, 6 p.m. - Sunday, September 15, 1 p.m.



An Approved Fundraiser for

61st Switzerland 2028 Independent Trip Unit

- Choose your own Camp Skills Development journey!
- Overnight in your own tent
- Saturday Only option
- Meals included; minimal cooking; no patrol equipment necessary!
- Open to all Guiders and Rangers

Registration must be completed online at: https://girlguides.doubleknot.com/event/camp-skills-development-days-oxford-mills/3056120

Last day to register is Friday, August 30, 2024.

The 61st Switzerland 2028 Independent Trip Unit invite Guiders and Rangers to an approved fundraiser for a sisterhood weekend social while developing essential camp skills.

There are NO Pre-Requisites to participating in Camp Skills Development Days.

Overnight tenting is available at Camp Carson, Oxford Mills (40kms north of Prescott, 60kms south of Ottawa, just off Hwy #416). You bring your own tent (some tents available upon request). Saturday only option available. All snacks and meals, coffee and tea and crest provided to all participants.

The youth in the Trip Unit will be leading most sessions with the support of subject matter experts. Participants select from a variety of hands-on camp skills development sessions designed to develop, improve and practice camping skills and gain ideas and confidence to take back to your unit. Additional items specific to each session are required (on the kit list) or session packages are available for an additional \$10. Description in the session details of the registration.

DATE: Friday, September 13, 2024, 6:00 p.m. – Sunday, September 15, 2024, 1:00 p.m.

Day Only: Saturday, September 14, 2024, 9:30 a.m. to 9:30 p.m.

LOCATION: Camp Carson: 560 Carson Rd, Oxford Mills, ON KOG 1S0

Plenty of room for parking and tenting

COST: Registration, all snacks, meals and a crest

\$65 Overnight - (\$57.52 + \$7.48 HST) \$40 Day Only - (\$35.40 + + \$4.60 HST)

Optional Session Package - \$10 (\$8.85 + \$1.15 HST) – review session descriptions to determine what is included in each session package for the additional fee. Participants may bring their own items for selected sessions as outlined on the kit list. Select and process payment at the time of registration.

MEALS: All snacks and meals will be provided, with minimal preparation by participants.

Please indicate allergies and dietary requirements at the time of registration.

Coffee and tea will also be available at all times. All participants will need to

bring a ditty bag.

BRING: Your own tent – sharing is encouraged, some tents available upon request.

Kit List — items may be specific for overnight / day and particular sessions.

H2. Adult Health Form or H1. Youth Health Form and SG2. Signed permission form if Ranger is under the age of 18. Rangers may attend individually, (without

their unit/guider).

CONTACT:

Guider Annie Lalonde at oxfordmillstripunit@gmail.com for any questions or accommodations. The 61st Switzerland 2028 Independent Trip Unit is excited to host you!

Register early to secure your top session choices!

CAMP SKILLS SESSIONS:

Session # 1: 10:30 a.m. - 12:30 p.m.

Campfires

This session is all things campfire related! This session includes safety measures to consider, including using an axe or hatchet, setting up a proper woodpile, and making fire starters to take back. You'll practice building and lighting your own fires, building confidence to instill in the youth you lead. Next, you'll learn campfire etiquette and how to generate a captive and inclusive singing campfire. Your group will be assigned to create a portion of the campfire Saturday evening. This could include teaching a new song, leading a yell or preparing and performing a skit for the Campfire Showcase.

Feel free to bring campfire resources and small instruments for this session.

For an additional \$10 we will provide you with a small instrument and campfire resource booklet including fire safety checklists, themed - campfire templates and over 100 inclusive songs, yells and skits for you to take home.

Outdoor Kitchens & Cooking

This session is all about Cooking at Camp. This session is a review of safety measures, what to pack in a patrol box, how to care for and properly use a propane stove, but the focus will be on creating your own box oven, no trace charcoal fires and buddy burners. For the Outdoor Cooking Showcase, your cooking constructions will be put to the test, for lunches but will be reuseable to take back to use with your unit. Additionally, you will learn how to prepare a "Garbage Can Turkey"

This session requires you to bring a 25ft roll of heavy-duty foil, 1 large empty aluminum (coffee) can, 2 small empty (salmon) cans and a box of parowax.

For an additional \$10, we will provide your materials to use and take home.

Session #2: 1:30 p.m. - 3:30 p.m.

Orienteering

This session is all about how NOT to get lost! This session includes an introduction to map reading, compass reading, trail signs and whistle signals, all preventative measures to getting lost. Next you'll learn what to do in case you do! Your group will then work together to create a trail with compass bearings for another group to follow during the Orienteering Showcase.

This session requires you to bring a working compass, a whistle and you may wish to bring a clipboard.

For an additional \$10, we will provide your materials plus reference templates to use and take home.

Knots, Colours and Gadgets

This session is all about basic knots and how to use them to put up a flag and make simple gadgets. This session includes a lesson on tying a reef (square) knot, half hitch, clove hitch, sheet bend, slip knot, figure 8 knot and lashing. Next you'll learn how to use them when raising a flag, and creating gadgets. You will also become aware of how to undertake and command an official Colour Party as well as properly fold a Canadian Flag.

The Knots, Colours and Gadgets Showcase will include the lowering of the Canadian Flag, folding the flag and a working display of the gadgets you've created such as tripods and boot or towel racks.

This session requires you to bring a roll of twine.

For an additional \$10, we will provide your twine, and you may keep your knots practice board and your gadgets.

Session #3: 6:00 p.m. - 8:00 p.m.

Tents and Tarps

This session is about sleeping in a tent and how to use tarps! This session includes a review about choosing a good location, parts of a tent, ensuring one "instructor" leads put up and tear down and knowing when it is okay to put it away. We will practice putting up a typical tent and take a look at proper care & damage prevention, including sealing seams and how to tarp it in case of severe weather. Next is a lesson on how to repair a tent, specifically a hole in the nylon or screen, replacing the cord in poles and splinting a broken pole as well as repairing or replacing other parts that wear. Then in small groups, you will build your own either dining area or emergency shelter for Saturday's evening Tents & Tarps Showcase.

This session requires you to bring 10-20ft non-slip rope, a small-medium tarp, 4-10 tent pegs.

For an additional \$10, we will provide all materials for you to use and take home.

Wide Games

This session is all about games! In this session, you will learn how to assess the terrain for risks, set boundaries and ensure youth are prepared! You will learn 3-5 new wide games, including some without much preparation or equipment. You will learn about games that are awesome when played in the dark, and for your Wide Game Showcase, your group will prepare and lead camp participants in playing the Saturday night game.

This session requires you to bring a flashlight and whistle.

For an additional \$10, we will provide you with a flashlight and whistle, two prepared games (Night Eyes and ManHunt) as well as a Wide Games resource book with over 100 games to take home.

Session #4 - SUNDAY 10:00 a.m. - 12:00 p.m.

Putting it all Together

This session is about putting the skills you've learned together - preparing to take a unit camping. In this session, you will get a chance to review some approved camps, including menus, schedules, budgets, gear and shopping lists, as well as an opportunity to fill out your own forms. We will chat about patrols and duties and other useful tips and tricks for leading your unit through a funfilled, safe, inclusive, policy-adhering camp! This session requires you to bring a blank (or working) copy of SG1, SG2, SG3, SG4, WA1, WA2.

	For an additional \$10, we will provide you with a blank copy of all the forms and you can take home 2 themed camp plans, complete with all the items we've reviewed plus participant booklets and platform activity list.	
SWAPS	This session is all about Swapping! This session will cover Swapping etiquette, budgeting, how to make use of leftover craft supplies, and sharing of swaps/hattie ideas. There will be a chance to prepare kits as well.	
	Participants are encouraged to bring their own swaps/hatties ideas (instructions and completed product) to exchange in this session.	
	For an additional \$10, we will provide you with a completed swap template, complete instructions and 10 prepared kits to exchange or take home.	



SCHEDULE:

FRIDAY		SATURDAY	
6:00 PM	Participant Arrival - Registration	8:00 AM	Rise & Shine
6:30 PM	Tents up and gear in; mingle by the campfire	8:30 AM	Breakfast by Patrol - sausage and egg on propane stoves, fruit cocktail
7:00 PM	Opening (colour party)/ Introductions: SG4 - Emergency meeting place, buddy role call; Rules at camp and around a Campfire;	9:00 AM	Patrol Duties: Clean Up
		9:30 AM	Day Camper Registration- Name tags & Patrols
		10:00 AM	Opening, Intros, SG4, Schedule
7:30 PM	Snack: Hotdogs & S'mores	10:30 AM	Session #1
8:00 PM	Campfire	12:30 PM	Lunch: Buddy Burner Grilled Cheese, Veggies, Ranch, hummus
		1:00 PM	Patrol Duties: Clean Up
9:00 PM	Night Eyes Game	1:30 PM	Session #2
9:30 PM	Mix n' Mingle	3:30 PM	Leisurely check out: Orienteering Showcase, Tarps Showcase, Gadgets Showcase
		4:00 PM	
SUNDAY		4:30 PM	Patrol Duties: Prep
8:00 AM	Rise & Shine	5:00 PM	Dinner: Turkey in a Can, stuffing, potatoes, green beans
8:30 AM	Breakfast - yogurt parfaits, fruit and muffins	5:30 PM	Patrol Duties: Clean Up
9:00 AM	Patrol Duties: Clean Up	6:00 PM	Session #3:
9:30 AM	Finish bedrolls Turn tents to dry	8:00 PM	Colour Party Closing remarks, Two stars and a Wish
10:00 AM	Tear Down and Site Clean up	8:30 PM	Campfire Showcase New song Skits
10:30 AM	Session #4		
12:30 PM	Lunch: Build your own Pizzas, Caesar salad	9:30 PM	Snack: Orange cupcakes
1:00 PM	Final Clean up and Departure	10:00 PM	Wide Game Showcase

Thank you for supporting 61st Switzerland 2028 Independent Trip Unit

