Activities are organized according to Girl Guides of Canada’s Safe Guide. Safe Guide sets procedures for activity management including supervision, training, equipment and health matters. A copy of Safe Guide is available from [www.GirlGuides.ca](http://www.girlguides.ca/).

**If your daughter/ward has any disabilities that may require accommodation, disclosing and discussing them with us will help us accommodate her.**

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| **Activity Information** | | | | | | | | | |
| Activity/event/camp: Golden Ears Backpacking Trip | | | | | | Today’s date: May 10, 2024 | | | |
| Responsible Guider: Maria Adey | | | | | | Cost (including GST/HST):TBD | | | |
| **(**See contact info below) | | | | | | | | | |
| **Activity description**: (Guiders – give a brief description of the overall activity, event or camp. Try to “paint a picture” of what it will be like for the girls.)  This will be a 2 night backpacking trip in Golden Ears Park, departing from the Gold Creek Parking Lot, at the end of Golden Ears Parkway in Maple Ridge. Parents are responsible for drop-off and pick-up.  We will meet at the trailhead in Gold Creek Parking Lot at 5pm on Friday, July 12. From the trailhead, we will hike along an easy trail with slight inclines for 4km to the Viewpoint Beach campsite, where we will set up our tents and eat our packed dinner. Participants should be prepared to carry a ~65L backpack with 30lbs of gear, including tents, cooking equipment, food, bedroll, and personal equipment. Backpacks are available to borrow and equipment will be provided. Participants are responsible to bring their own sleeping bag and mat.  On Saturday, July 13, we will be doing an excursion in the park. We will have the option to hike to do either an inclined hike up to Alder Flats (6km round trip), or a hike along the river towards Half Moon Beach (10km round trip). We will have lunch at our destination and do some geocaching along the way. This will be done as a day hike, so our packs will be much lighter. We will have dinner at the campsite.  On Sunday, July 14, we will have breakfast and pack up our tents in the morning and return along the same 4km trail to the parking lot at Gold Creek. Pick-up will be at noon.  We will be staying in tents and cooking using camp stoves and treating water for drinking. The campsites are dispersed along the beach and there is an outhouse and bear cache.  Trail to Viewpoint Beach: https://www.alltrails.com/trail/canada/british-columbia/east-canyon-trail  Trail to Alder Flats: https://www.alltrails.com/trail/canada/british-columbia/alder-flats-via-east-canyon-trail  Trail to Half Moon Beach: https://www.alltrails.com/trail/canada/british-columbia/viewpoint-beach-to-halfmoon-beach | | | | | | | | | |
| **Purpose of Activity**: (Guiders – please provide a brief explanation of how the girls will benefit from participating in the activity.)  Team building, practice hiking, learn new skills, camping, bonding. | | | | | | | | | |
| Start date and time: Fri, July 12 at 5pm am/pm  (dd/mm/yyyy) | | | | | End date and time: Sun, July 14 at 12pm am/pm  (dd/mm/yyyy) | | | | |
| For overnights, type of accommodation:  Meeting hall  Camp Building  Tent  Hotel  Hostel  Other (please list): | | | | | | | | | |
| Location/facility name: Viewpoint Beach (Gold Creek Trail) Golden Ears Park | | | | | | | Contact number: | | |
| Address: | Golden Ears Parkway |  | | Maple Ridge | | | |  |  |
|  | Street Address | City/Town | | | | Postal Code |
| Brief description of facility/site: This is a formal BC Parks backcountry campground, with an outhouse and bear cache. The sites are sheltered under the trees along the beach and we will do all our cooking away from the tents so as not to attract wildlife. There are no garbage facilities - we will practice leave no trace and take all our garbage with us. | | | | | | | | | |
| Number of children/youth expected: 10 | | | Minimum supervision ratios will be: 5:1  Supervisors : child/youth | | | | | | |
| Supervision will be provided as follows: (Guiders – please briefly explain how supervision will be managed.)  Participants will be organized into patrols and we will be doing all hiking and moving around as a group with Guiders dispersed throughout. We will assign different tasks to ensure no one gets left behind and will remind participants of Hug-a-tree protocol and what to do if you get lost. We will assign a muster point once we arrive at the campsite. Regular head counting. | | | | | | | | | |
| Additional COVID-19 or other health precautions at this location:  Everyone will carry their own personal hand sanitizer. We will be outside for the entire event. Participants are invited to bring a mask to wear when in close proximity to others if they desire. | | | | | | | | | |

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| Transportation Information (if applicable) | | |
| Arrangements for transportation: Parent drop-off | | |
| Departure time and location: Gold Creek parking lot @ 5pm on July 12 | | |
| Return time and location: Gold Creek parking lot @ 12pm on July 14 | | |
| Mode of transportation: Parent Drop Off | | |
| **Drivers must ensure that owner of a vehicle has appropriate insurance.** Because of the way vehicle insurance is organized in Canada, coverage is only available through the vehicle owner. The owner is responsible for maintaining their vehicle insurance and for any injury to anyone or physical damage to their vehicle, another vehicle, resulting from its use for a GGC sanctioned activity. | | |
| Specific activities will include:  (Guiders – please list the different activities the girls will be doing) | Girls will require the following:  (Guiders – please attach a kit list if more space is required) | |
| Hiking On Uneven Surface | Money: $ | |
| Cooking On Camp Stove | Equipment: As per kit list | |
| Sleeping In A Tent | Food: Provided | |
| Hiking With A Backpack | Clothing: As per kit list | |
| Water Treatment | Other: | |
|  | Kit list attached:  Yes  No | |

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| A detailed itinerary is attached:  Yes  No | |
| If you require more information, please contact: | |
| **Guider’s name:** Maria Adey | **Guider’s name:** |
| **Phone number:** 604 220-6053 | **Phone number:** |
| **E-mail:** Mariaadey.Girlguides@Gmail.Com | **E-mail:** |

Parents/Guardians – please retain this sheet for your information!