

Doe Lake 75th Sisterhood Kit List

Please ... Be Prepared to Carry your OWN luggage, ideally packed in a water-resistant duffle bag or backpack.

NO SINGLE USE OBJECTS (E.g. single use dishes, cutlery, water bottles, face wipes)

Individual Gear

Required:

Clothing

- **WARM** sweater/jacket
- Rain jacket and pants, rain boots or hiking boots
- Rain boots or weatherproof hiking boots
- Toque and mittens
- WARM pajamas (no nighties or one-piece pjs)
- Long pants (2)
- Long sleeved shirts (1 - 2), Short sleeved t-shirts (2)
- Shorts (2)
- Underwear / bra
- Socks (4 pairs)
- Sturdy closed toe shoes / hiking boots (for walking within camp & on trails)
- Camp hat / sun hat
- Beach shoes (to get wet), bathing suit

Toiletries

- Face towel and small beach towel
- Toothbrush & toothpaste
- Hairbrush & hair elastics

Extras

- Insect repellent, sunscreen for body, face and lips
- Flashlight with extra batteries
- Refillable water bottle and day pack
- Comfy portable camp chair
- Sleeping bag and small tarp
- Pillow
- Insulated sleeping pad (e.g. Thermo rest)
- Non-breakable labeled dishes and cutlery in a mesh bag (plate, bowl, large mug, fork, knife, 2 spoons)

Optional

- Your Own Tent
- Book for quiet time
- Camera
- Prescription medication (if needed)
- Extension cord if need for machines