

A photograph of three young girls lying on their stomachs on a grassy field, looking up at the camera and smiling. The girl at the top is wearing a dark blue shirt with a white shamrock logo. The girl in the middle is wearing a light blue sweatshirt with the word 'GUIDE' visible. The girl at the bottom is wearing a dark blue shirt. The background is green grass.

A to Z

of Activities



The A–Z of Activities is designed to provide Guiders with a tool to assist in common activity planning and determination of activity level. This document does not replace Safe Guide. [Safe Guide](#) should always be reviewed during your activity planning process.

Considerations for all Activities

It is important to ensure Guiders are still using the Activity Level Planning Chart prior to making a determination on the activity level. There are a number of factors that may change the activity level that may not be captured below. For example, distance from EMS, or youth unaccompanied for a portion of the activity may change the level of an activity.

Prior to all activities, Guiders should inform caregiver(s), as well as their Commissioner or ACL. An SG.4 should be completed for all activities, and shared with all supervisors, prior to the event.

Questions? Please contact your Provincial Safe Guide Adviser

ANY Council (Alberta, Northwest Territories, Yukon) –

any-safeguideadviser@girlguides.ca

BC Council – bc-safeguide@girlguides.ca

MB Council – mb-safeguide@girlguides.ca

NB Council (New Brunswick and PEI) – nb-safeguide@girlguides.ca

NL Council – nl-safeguide@girlguides.ca

NS Council – ns-safeguideadviser@girlguides.ca

ON Council (Ontario and Nunavut) – on-safeguideadviser@girlguides.ca



QC Council – qc-safeguide@guidescanada.ca

SK Council – sk-safeguide@girlguides.ca

A special thank you to Alberta, Northwest Territories, and Yukon Council for the original development of this document.

Contents

Not permitted Activities	5
 Adventure Camping – Backpacking/Cycling.....	6
 Adventure Camping – Canoeing/Kayaking	6
 Amusement Park	6
 Archery	6
 Axe Throwing/Knife Throwing/Slingshot/Target Sports	6
 Ball Hockey/Field Hockey	6
 BBQ/Weiner roasts– Pathfinders/Rangers/Adults cooking	7
 BBQ/Weiner roasts – Sparks/Embers/Guides cooking.....	7
 Bouldering (Indoor)– climbing without harness or helmet.....	7
 Bouncy Castle/House	7
 Bowling	7
 Broomball	7
 Bus – Chartering from a bus company with employee driving.....	8
 Bus – using a bus from community association or organization ...	8
 Canoeing (near shore) – TPSP Managed	8
 Canoeing (near shore) – GGC Managed	8
 Car/Van – Renting a vehicle to drive members	8
 Car/Van – Using a personal vehicle to drive members.....	9
 Caving/Spelunking.....	9
 Climbing – Indoor participants on belay	9
 Climbing – Natural Rock Face	9
 Corn Maze.....	9
 Curling	10
 Cycling – on cycle path or in community	10
 Cycling – Mountain biking.....	10

 Dogsledding.....	10
 Dragon Boating – GGC Managed	10
 Dragon Boating – TPSP Managed.....	10
 Dragon Boating – Open Water.....	11
 Dunk Tank	11
 Eurobungy/reverse bungee jumping	11
 Fencing.....	11
 Fires – Pathfinders/Rangers/Adults cooking over campfire/campstove/BBQ/candle	11
 Fires – Sparks/Embers/Guides cooking over campfire/campstove/BBQ/candle	11
 Fires – lighting match/fire/candle/campstove	12
 Fishing.....	12
 Geocaching	12
 Giant Swing	12
 Glass Blowing.....	12
 Go-karts.....	12
 Golf/mini-golf.....	12
 Gymnastics.....	13
 Hayrides/Sleigh rides	13
 High Ropes – challenge course that requires harness & helmet	13
 Hockey	13
 Horseback Riding	13
 Hot Springs – with lifeguard on duty	13
 Hot Springs – with no lifeguard on duty – GGC Managed.....	14
 Hot Tub – at public swimming pool	14
 Hot Tub – at private home or hotel.....	14
 Ice Fishing	14

● Ice Skating – in an arena or on artificial ice.....	14
◆ Ice Skating – on a natural ice surface	14
◆ Indoor Skydiving	15
◆ Kayaking (near shore) – TPSP Managed.....	15
◆ Kayaking (near shore) – GGC Managed.....	15
● Kickboxing	15
● Laser Tag	15
◆ Low Ropes.....	15
◆ Parade – Riding on a Float	15
● Parade – Walking in a parade.....	16
● Parkour, Indoor Playground, Ninja Warrior Course (TPSP Managed)	16
◆ Parkour or Ninja Warrior Course (GGC Managed).....	16
● Petting Zoo	16
◆ Power Tools – home tools (sander, drill etc.)	16
■ Power Tools – motorized equipment used in a commercial/industrial setting.....	16
■ Rappelling – Natural Rock Face	17
■ Riflery/Biathlon	17
● Ringette	17
■ River Tubing	17
● Roller Blading/Roller Skating	17
◆ Rowing in rowing shells	17
■ Sailing – GGC Managed.....	18
■ Sailing – TPSP Managed.....	18
◆ Scuba Diving – In a Pool.....	18
● Segway.....	18
● Skateboarding	18

● Skiing – Cross Country	18
◆ Skiing – Downhill	18
◆ Skyline Luge/Downhill Karting	19
● Sledding/Tobogganing/Snow Tubing	19
◆ Sleepover – Community Hall/Meeting Space	19
◆ Sleepover – Big and Little	19
◆ Sleepover – museum, zoo, etc.....	19
◆ Snorkeling	19
● Snowshoeing.....	20
◆ Snowboarding.....	20
◆ Stand-up Paddleboards (near shore) –TPSP Managed	20
◆ Stand-up Paddleboards (near shore) – GGC Managed	20
■ Surfing.....	20
● Swimming – aquatic facility or established waterfront – TPSP Managed	20
◆ Swimming – aquatic facility or established waterfront –GGC Managed	21
◆ Swimming – No aquatic supervision while wearing PFDs – GGC Managed	21
■ Swimming – non-established waterfront – GGC Managed.....	21
■ Swimming – Pathfinder and older with a Lifesaver – GGC Managed	21
■ Swimming – Ranger swimming without aquatic personnel – GGC Managed	21
◆ Trampoline Parks	21
■ Treetop Trekking	22
◆ Vertical Playground and Team All-Aboard	22
■ Via Ferrata.....	22

◆ Voyageur Canoeing – GGC Managed	22
◆ Voyageur Canoeing – TPSP Managed	22
■ Voyageur Canoeing – Open Water	22
● Walk/Hike from meeting place	23
● Water play in shallow water	23
■ Waterskiing, Wakeboarding, Tubing	23
◆ Water Trampoline/Inflatable	23
■ Whitewater Rafting – TPSP Managed.....	23
■ Windsurfing.....	23
◆ Winter Camping – with access to warm shelter.....	24
■ Winter Camping – without access to warm shelter.....	24
■ Zip Line.....	24

Not permitted Activities

- Aircraft flight activities
- Bungee jumping
- Hot air ballooning
- Paragliding/parasailing
- Open water scuba diving
- Jet skiing
- ATVs, offroad vehicles, or snowmobiles
- Alpine/downhill ski racing and/or snowboard racing
- Ice climbing
- Lead climbing
- Bouldering on an outdoor natural rock face without a climbing harness and rope
- Home trampolines
- The use of homestay apps such as Airbnb, Vrbo, etc.
- Activities where a projectile is aimed at another person (paintball, archery-tag, airsoft, etc.)



■ Adventure Camping – Backpacking/Cycling

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.6, trip log
When to Submit	At least 21 days before the activity
Participants	Pathfinder and up
Notes	Activity facilitator qualification (i.e., Trip log) needed. Their experience, skill, and training must be equal to or higher than what is required for the activity. Please review Safe Guide for all considerations.

■ Adventure Camping – Canoeing/Kayaking

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.6, WA.1, trip log
When to Submit	At least 21 days before the activity
Participants	Pathfinder and up
Notes	Activity facilitator qualification (i.e., trip log) needed. Their experience, skill, and training must be equal to or higher than what is required for the activity. Please review Safe Guide for all considerations.

● Amusement Park

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

◆ Archery

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the facilitator
Notes	Archery facilitator must have relevant skills and experience for the activity. The activity facilitator must be a minimum of 16-years-old. See Activity Facilitators in Safe Guide for more information.

◆ Axe Throwing/Knife Throwing/Slingshot/Target Sports

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Ball Hockey/Field Hockey

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Eye protection is required for goalies.



● **BBQ/Weiner roasts– Pathfinders/Rangers/Adults cooking**

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	Pathfinders and up
Notes	

◆ **BBQ/Weiner roasts – Sparks/Embers/Guides cooking**

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	Sparks/Embers/Guides
Notes	

● **Bouldering (Indoor)– climbing without harness or helmet**

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	

● **Bouncy Castle/House**

Level	Green – TPSP
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Must be run by a third-party service provider with a commercial quality bouncy house that comes with staff that sets it up and monitors usage.

● **Bowling**

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● **Broomball**

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Helmets with face shields are required when playing on ice. If broomball is taking place on a natural ice surface (pond, etc.) follow the requirements for Icing Skating on a Natural Surface.



● Bus – Chartering from a bus company with employee driving

Level	Green – TPSP
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	See Safe Guide for Ratio for chartered buses

◆ Bus – using a bus from community association or organization

Level	Yellow – Renting a Vehicle
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide for Ratio for chartered buses and the Transportation section. GGC does not carry vehicle insurance. RG to ensure that vehicle owner has adequate insurance and driver has appropriate driving license.

◆ Canoeing (near shore) – TPSP Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide Appendix B for all considerations.

◆ Canoeing (near shore) – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants must have a non-swimmer PFD Check or swim test. See Safe Guide – Boating Planning Guide for all considerations.

◆ Car/Van – Renting a vehicle to drive members

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	The GGC insurance policy provides short term coverage (up to 30 days) for the rental of vehicles (See Insurance booklet). The maximum third-party liability limit of insurance <u>must</u> always be purchased when renting a vehicle. Please note insurance available through credit cards does not include liability insurance.



● Car/Van – Using a personal vehicle to drive members

Level	Green
Forms to Caregivers	SG.1 and SG.2 is strongly recommended
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	GGC does <u>not</u> carry non-owned vehicle insurance. It is the responsibility of the vehicle owner to make sure that adequate insurance is in place. If a vehicle is used for carpooling, the owner is encouraged to contact their own insurance broker to make sure adequate insurance coverage is in place. Guardians must be informed.

■ Caving/Spelunking

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required)
When to Submit	At least 21 days before the activity
Participants	Age is determined by the TPSP
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Climbing – Indoor participants on belay

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

■ Climbing – Natural Rock Face

Level	Red – Conditional and Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Minimum age of participants is 10 years old at the time of the activity
Notes	See Safe Guide – Appendix B for all considerations.

● Corn Maze

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	



● Curling

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● Cycling – on cycle path or in community

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Helmets are required.

■ Cycling – Mountain biking

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required)
When to Submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Helmets are required. Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Dogsledding

Level	Yellow – TPSP
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Dragon Boating – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants must have a non-swimmer PFD Check or swim test. See Safe Guide – Boating Planning Guide for all considerations.

◆ Dragon Boating – TPSP Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide Appendix B for all considerations.



■ Dragon Boating – Open Water

Level	Red
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Pathfinders up
Notes	See Safe Guide Appendix B for all considerations. Open water Dragon Boating must be Managed by a TPSP.

◆ Dunk Tank

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required. Must be run by a TPSP with staff that sets it up and monitors usage.

◆ Eurobungy/reverse bungee jumping

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Check the height and weight restrictions in place at the venue.

◆ Fencing

Level	Yellow – TPSP
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Fires – Pathfinders/Rangers/Adults cooking over campfire/campstove/BBQ/candle

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	Pathfinders and up
Notes	Includes buddy burner/box oven/etc.

◆ Fires – Sparks/Embers/Guides cooking over campfire/campstove/BBQ/candle

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	Sparks/Embers/Guides
Notes	Includes buddy burner/box oven etc.



● Fires – lighting match/fire/candle/campstove

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● Fishing

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● Geocaching

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	

■ Giant Swing

Level	Red – Adventure Activity (High Ropes)
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 (SG.7 if required)
When to Submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Glass Blowing

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Go-karts

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● Golf/mini-golf

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	



◆ Gymnastics

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Hayrides/Sleigh rides

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Ensure that the owner of the vehicle has adequate insurance and driver is licensed.

■ High Ropes – challenge course that requires harness & helmet

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5. (SG.7 if required)
When to Submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP/facilitator
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Hockey

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Helmet with a face shield is required. If hockey is taking place on a natural ice surface (pond, etc.) follow the requirements for Icing Skating on a Natural Surface..

◆ Horseback Riding

Level	Yellow – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5 SG.7
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	See Safe Guide – Activity Guide – Horseback Riding for all considerations. Riding helmets (ASTM or BSI/BS EN approved) must be worn while horseback riding. See Conditional Activities – Appendix B for further considerations.

● Hot Springs – with lifeguard on duty

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	



◆ Hot Springs – with no lifeguard on duty – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants need swim test in iMIS.

● Hot Tub – at public swimming pool

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches at the discretion of the facility
Notes	

◆ Hot Tub – at private home or hotel

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	Recommended for Guides up
Notes	See Safe Guide – Swimming Planning Guide for all considerations.

◆ Ice Fishing

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Ice Skating on a natural ice surface activity guide in Safe Guide and follow all Activity Specific Procedures to assess ice surface prior to activity.

● Ice Skating – in an arena or on artificial ice

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Helmets are required.

◆ Ice Skating – on a natural ice surface

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Helmets are required. See Ice Skating on a natural ice surface Activity Guide in Safe Guide for all considerations.



◆ Indoor Skydiving

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Kayaking (near shore) – TPSP Managed

Level	Yellow – TPSP Boating
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide –Appendix B for all considerations

◆ Kayaking (near shore) – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants must have a non-swimmer PFD Check or swim test.

● Kickboxing

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

● Laser Tag

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches at the discretion of the facility
Notes	

◆ Low Ropes

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	

◆ Parade – Riding on a Float

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Ensure that the owner of the vehicle has adequate insurance and driver is licensed.



● Parade – Walking in a parade

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	If riding bicycles, rollerblading, etc. in a parade, please see relevant activities.

● Parkour, Indoor Playground, Ninja Warrior Course (TPSP Managed)

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Parkour or Ninja Warrior Course (GGC Managed)

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4 (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Petting Zoo

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	

◆ Power Tools – home tools (sander, drill etc.)

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the activity facilitator
Notes	

■ Power Tools – motorized equipment used in a commercial/industrial setting

Level	Red – Power Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 21 days before the activity
Participants	All branches at the discretion of the activity facilitator
Notes	Use of such equipment requires specific industry recognized training and must be supervised by qualified personnel.



■ Rappelling – Natural Rock Face

Level	Red – Conditional and Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Minimum age of participants is 10 years old at the time of the activity
Notes	See Safe Guide – Appendix B – Climbing on a Natural Rock Face for all considerations.

■ Riflery/Biathlon

Level	Red – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Appendix B for all considerations

● Ringette

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Helmet with a face shield is required. If ringette is taking place on a natural ice surface (pond, etc.) follow the requirements for Icing Skating on a Natural Surface.

■ River Tubing

Level	Red
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Guidelines for Tubing in the Swimming Planning Guide.

● Roller Blading/Roller Skating

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Helmets are required. Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Rowing in rowing shells

Level	Yellow – TPSP Boating
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	PFDs must be worn. Must be facilitated by a TPSP. Must take place within 100m of shore.



■ Sailing – GGC Managed

Level	Red
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 21 days before the activity
Participants	Guides and up
Notes	See Safe Guide – Boating Planning Guide for all considerations.

■ Sailing – TPSP Managed

Level	Red – TPSP Boating
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Guides and up
Notes	See Safe Guide – Appendix B for all requirements.

◆ Scuba Diving – In a Pool

Level	Yellow – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7, WA.1
When to Submit	At least 14 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Swimming Planning Guide for all requirements.

● Segway

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Helmets are required.

● Skateboarding

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All Branches
Notes	Helmets are required.

● Skiing – Cross Country

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

◆ Skiing – Downhill

Level	Yellow – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Helmets are required. Must take place at reputable commercial ski hill.



◆ Skyline Luge/Downhill Karting

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

● Sledding/Tobogganing/Snow Tubing

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Helmets are required. See Safe Guide – Sledding, Tobogganing, and Snow Tubing Activity Guide for all requirements.

◆ Sleepover – Community Hall/Meeting Space

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	

◆ Sleepover – Big and Little

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	If more than 10% of girls do not have an accompanying adult, this is considered a regular sleepover where all supervisors must be in iMIS with a current PRC (Member or non-Member volunteer).

◆ Sleepover – museum, zoo, etc.

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Snorkeling

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	Guides and up
Notes	Aquatic personnel with experience in snorkeling are required for supervision. See Safe Guide – Swimming Planning Guide for all considerations.



● Snowshoeing

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	

◆ Snowboarding

Level	Yellow – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Helmets are required. Must take place at reputable commercial ski hill.

◆ Stand-up Paddleboards (near shore) –TPSP Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 14 days before the activity
Participants	Guides and up
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Stand-up Paddleboards (near shore) – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	Guides and up
Notes	All participants must have a non-swimmer PFD Check or swim test.

■ Surfing

Level	Red – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7, WA.1
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Appendix B, and the Swimming Planning Guide for all requirements.

● Swimming – aquatic facility or established waterfront – TPSP Managed

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	The Aquatic facility staff must be providing aquatic supervision. A swim test is not required.



◆ Swimming – aquatic facility or established waterfront – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide - Swimming Planning Guide.

◆ Swimming – No aquatic supervision while wearing PFDs – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	Must take place in calm water. The maximum number of swimmers is 25. See Safe Guide – Swimming Planning Guide for all considerations.

■ Swimming – non-established waterfront – GGC Managed

Level	Red
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide – Swimming Planning Guide for all considerations.

■ Swimming – Pathfinder and older with a Lifesaver – GGC Managed

Level	Red
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	Maximum of 10 swimmers in the water. See Safe Guide – Swimming Planning Guide for all considerations.

■ Swimming – Ranger swimming without aquatic personnel – GGC Managed

Level	Red
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 21 days before the activity
Participants	Rangers and up
Notes	All swimmers and spotters must have passed the Advanced Swim Test. See Safe Guide – Swimming Planning Guide for all considerations.

◆ Trampoline Parks

Level	Yellow – Conditional Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days before the activity
Participants	All branches
Notes	See Safe Guide – Appendix B for all considerations.



■ Treetop Trekking

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5. (SG.7 if required)
When to Submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP/facilitator
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

◆ Vertical Playground and Team All-Aboard

Level	Yellow – Specialized Equipment
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, (SG.7 if required)
When to Submit	At least 14 days before the activity
Participants	All branches at the discretion of the TPSP
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.

■ Via Ferrata

Level	Red
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to submit	At least 21 days before the activity
Participants	All branches
Notes	Please check with provider for age and weight restrictions.

◆ Voyageur Canoeing – GGC Managed

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants need boating swim test or swim test in iMIS. See Safe Guide – Boating Planning Guide for all considerations.

◆ Voyageur Canoeing – TPSP Managed

Level	Yellow – TPSP Boating
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 14 days before the activity
Participants	All Branches
Notes	See Safe Guide – Appendix B for all considerations.

■ Voyageur Canoeing – Open Water

Level	Red
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide Appendix B for all considerations. Open water Voyageur Canoeing must be Managed by a TPSP.



● Walk/Hike from meeting place

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Post a reminder notice on door of meeting place in case a child is late to the meeting.

● Water play in shallow water

Level	Green
Forms to Caregivers	Permission given on registration
Forms to Submit	None
When to Submit	N/A
Participants	All branches
Notes	Water level must be below mid-calf on all participants. The water must be calm (e.g., slow moving river, creek, wading pool, etc.)

■ Waterskiing, Wakeboarding, Tubing

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7, WA.1
When to Submit	At least 21 days before the activity
Participants	Guides and up
Notes	See Safe Guide – Boating Planning Guide for all considerations.

◆ Water Trampoline/Inflatable

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4, WA.1
When to Submit	At least 14 days before the activity
Participants	All Branches
Notes	All participants must have a swim test. PFD's must be worn.

■ Whitewater Rafting – TPSP Managed

Level	Red – Conditional and Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, SG.7
When to submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Appendix B and Boating Planning Guide for all considerations.

■ Windsurfing

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5, WA.1, (SG.7 if required)
When to submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	See Safe Guide – Boating Planning Guide for more information.



◆ Winter Camping – with access to warm shelter

Level	Yellow
Forms to Caregivers	SG.1, SG.2
Forms to Submit	SG.1, SG.3, SG.4
When to Submit	At least 14 days before the activity
Participants	All branches
Notes	

■ Winter Camping – without access to warm shelter

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5
When to Submit	At least 21 days before the activity
Participants	Pathfinders and up
Notes	Recommended minimum number of participants, including Guiders, is five and the maximum is 12.

■ Zip Line

Level	Red – Adventure Activity
Forms to Caregivers	SG.1, SG.2, SG.5
Forms to Submit	SG.1, SG.3, SG.4, SG.5. (SG.7 if required)
When to submit	At least 21 days before the activity
Participants	All branches at the discretion of the TPSP/facilitator.
Notes	Use the Third Party Service Provider Activity Guide to assess if an SG.7 is required.