

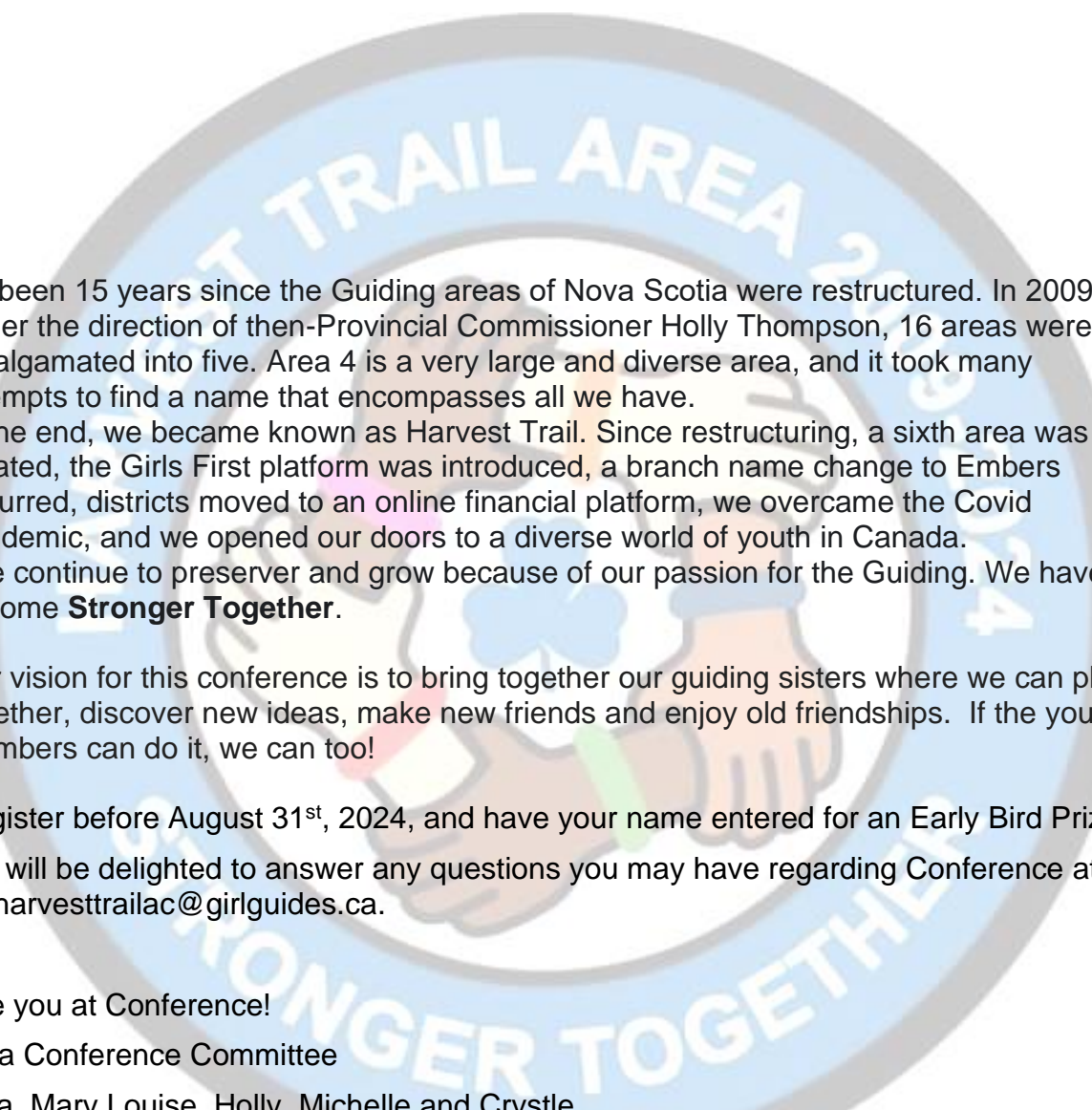
Stronger Together 2009-2024

Harvest Trail Area Conference

November 1 and 2, 2024
Old Orchard Inn
153 Greenwich Rd S,
Wolfville Ridge, NS B4P 2R2

INFORMATION/REGISTRATION
BOOKLET





It's been 15 years since the Guiding areas of Nova Scotia were restructured. In 2009, under the direction of then-Provincial Commissioner Holly Thompson, 16 areas were amalgamated into five. Area 4 is a very large and diverse area, and it took many attempts to find a name that encompasses all we have.

In the end, we became known as Harvest Trail. Since restructuring, a sixth area was created, the Girls First platform was introduced, a branch name change to Embers occurred, districts moved to an online financial platform, we overcame the Covid pandemic, and we opened our doors to a diverse world of youth in Canada.

We continue to preserve and grow because of our passion for the Guiding. We have become **Stronger Together**.

Our vision for this conference is to bring together our guiding sisters where we can play together, discover new ideas, make new friends and enjoy old friendships. If the youth members can do it, we can too!

Register before August 31st, 2024, and have your name entered for an Early Bird Prize.

We will be delighted to answer any questions you may have regarding Conference at ns-harvesttrailac@girlguides.ca.

See you at Conference!

Area Conference Committee

Julia, Mary Louise, Holly, Michelle and Crystle

What does it cost?

Funding for Conference 2024 for all attendees is being paid for by Harvest Trail Area. Please ensure if you need to cancel your registration that you do it in advance of the registration deadline (Sept 25th) as Area will be billed by the hotel after this day.

If you fail to cancel your registration by this deadline (Sept 25th), it will be at the discretion of the Area if you will be personally responsible for covering the registration fees.

Thank you to our Harvest Trail Area Council whose financial support is making this possible for you, "our Harvest Trail members".

What if I register and then can't go?

Life happens, plans change. If you are unable to attend Conference, please notify Julia at: ns-harvesttrailac@girlguides.ca as soon as you can. The Conference Team will then be able to reallocate accommodation and sessions to waitlisted members.

****NEW**** Conference Store

We are thrilled to be able to offer an online Conference store, with several conference branded items. We are teaming up with Positive Identity, our official supplier of GGC merchandise. <https://positiveidentity.com/ggcharvesttrail/>

Participants will order and pay for their own items by September 22nd, 2024 (minus shipping-that's on area!) and pick up at conference. Those ordered after the deadline will be responsible for paying for the shipping. Any Issues with orders, or refunds/swaps/etc will need to be facilitated with Positive Identity.

What Should I wear?

Anything Guiding! Guiding Gear includes tops from GGC camps, conferences, events past or present and can be worn all weekend. If you don't have guiding gear, no biggie, you can wear your uniform if you like.

Where will I be sleeping?

Hotel rooms will be double occupancy-with either two double beds or a king with pull out couch. For anyone wishing to have a single room, we have a few available. Please note, it will be your financial responsibility to pay the difference between single and double.

The registration form will give you the option to state a roommate. Rangers and Bridging members will be allocated in a block together.

Check-in will begin at 5:00 pm on Friday and check out by 11 am on Saturday.

What Should I bring?

Kit List:

- A mug or travel cup
- A water bottle
- A completed Health Form
- Clothing for the event, Uniform/guiding gear (whatever you have)
- Your sessions list from the confirmation e-mail (we will not have a printed list of your sessions for you at registration)
- Snacks (optional, but you are allowed to have food in your hotel room)
- Cash-there will be trip units set up for fundraising

Dietary Issues?

If you have dietary issues, please reach out to the registrars at ns-harvesttrailac@girlguides.ca to discuss your needs by September 25th, 2024. Please use conference dietary needs as your subject line.

How the conference is Shaping UP

Some things you'll see.

Scavenger Hunt – Use this scavenger hunt to spark conversations with different people. Turn the completed hunt in before Closing ceremonies to be entered into a draw.

How many mushrooms can you find? Keep your eyes open for these cute little guys. Bring them with you to the closing ceremonies and whoever has the most will win a prize.

Giant Itinerary – Instead of getting (& losing) paper copies, we're creating one BIG one. Take out your phone and screenshot the schedule for the weekend.

Camp WoHeLo will have a display set up over the course of the event. Stop by and see one of Harvest Trail Areas beautiful campsites.

We have several units that are travelling independently in the future that will be set up during registration, and lunch. Be sure to bring cash to support their fundraising efforts.

Friday Night:

5:00pm-8:00pm Registration (follow the GGC signs for registration, then you can go to the hotel registration desk for your assigned room if staying Friday night)

Please note that dinner is not included on Friday evening.

8:00 pm- 9:00pm Opening Activities

9:00pm – 10:00pm Make New Friends but Keep the Old

Spend some time with Guiders in the same branch as you from across the area.

Share successes, perhaps learn new program activities, songs, crafts.

Networking is so important for all of us, we can learn so much.

If you still need some social time, feel free to hang out in the Fireside Lounge or at the Acadian Dining & Bar.

Saturday:

7:00-8:30am - Breakfast for attendees

8:00 – 8:45am - Registration for Saturday attendees

8:45 - 10:15am - Session A workshops

10:15-10:30am - Break Time

10:30 – 12:00pm - Session B workshops

12:00-1:30pm lunch for attendees

1:30 – 3:00pm - Session C Workshops

3:00 – 3:15pm - Break Time

3:15- 4:45pm - Session D Workshop

4:45 – 5:00pm-Closing

What else do I need to know?

Conference office and First Aid station

The conference office will TBD

First Aid station will also be in the conference office.

There will be First Aiders on site to ensure adequate First Aid for all participants and will be wearing a white scarf with a First Aid crest on it to identify themselves.

Code of Conduct

All Guiders are expected to respect Girl Guides of Canada Code of Conduct, which will be posted at the Conference Office.

Fragrance Free

This Conference is a “Fragrance Free” event. To help every Guider enjoy the Conference, please be mindful of what you wear. In addition to no perfume, this includes scents in shampoos, deodorants, etc.

No Smoking

The smoking area is located outside the entrance doors (20 feet away from main entrance area) and there is a butt out station for people to place their cigarette butts.

Cannabis at Conference

Responsible consumption of non-prescription topicals, oils, sprays and any other cannabis product as well as smoking or vaping of non-prescription cannabis is only permitted at activities planned primarily for adults.

The smoking area is located outside the entrance doors (20 feet away from main entrance area) for smoking marijuana.

Pictures/Videotaping

Conference activities might be photographed and/or videotaped. As you can appreciate with an event of this size, Girl Guides of Canada, Nova Scotia Council cannot assume responsibility in the event that your picture may be recorded. We ask that Conference participants who do not wish their picture recorded take responsibility for managing this on their own.

Emergency Contact and Telephone Service

In the event of an emergency, the telephone number for the main desk is 1-902-542-5751.

Travel Assistance Guidelines

There will be a prorated travel assistance provided for participants. Assistance with travel costs is available in accordance with the following guidelines:

Travel for vehicles with 4+ participants will be paid .50cents/km

Travel for vehicles with 3 participants will be paid .40cents/km

Travel for vehicles with 2 or less participants will be paid .30 cents/km

Drivers will be required to complete a mileage reimbursement form at onsite registration and will need to list all participants traveling in their vehicle including all their IMIS numbers to be compensated.

Training Streams

Each stream is specialized to meet the specific needs of members based on your role. However, all streams are open to all members, including Ranger-aged members and Bridging Members. If completing modules and earning your pins are a goal, check out the outline on Memberzone. Once signed in to Memberzone, follow this link:

<https://mz.girlguides.ca/WEB/Documents/MZ/Training/team-chart.pdf>

Session Descriptions

Stronger Together

GGC Harvest Trail Area Conference

Saturday, November 2, 2024

Introduction to Conference Sessions

Here are your Stronger Together Harvest Trail Area Conference 2024 sessions. Our aim was to offer a wide range of topics that would appeal to new and seasoned members. They were based on feedback we received from social media as well as Area council. You may recognize many of the facilitators as they are guiders from within our communities. We are fortunate to be able to use our resources within GGC and would like to welcome to our event several trainers from across the province. For those of you interested in attending sessions that qualify for stream trainings, we have colour coded the session descriptions according to the following chart. You are able to choose from a total of 16 Saturday sessions:

Enrichment		Fun and Games		DEI		
Block A 8:45 am to 10:15 am		Block B 10:30 am to 12:00pm		LUNCH	Block C 1:30 pm to 3:00 pm	Block D 3:15 pm to 4:45 pm
Block AB 8:45 am to 12:00pm					Block CD 1:30 pm to 4:45 pm	

Block A – 8:45 am to 10:00 am

A1 Unified Banking

Presenter: Dawn MacNeill-District Treasurer

Capacity – 24

Learn about the online Unified Banking System, so you can manage Unit finances simply and efficiently. Have any questions? Come meet with an experienced unified banking treasurer for the answers. PLEASE NOTE: This will not replace the mandatory National training found on Memberzone. Feel free to bring an electronic device that you access Unified Banking with.

Target Audience: Unit Guiders, Treasurers, Bridging Members

A2 Traditional Song Event

Presenter: Sarahann Ramsey-Guider

Capacity – 24

Some of our best memories of Guiding come from our time around a campfire. The warm glow of the fire, the songs, and the laughs. Come and join us as we learn the classic and new songs to sing.

Target Audience: All members

A3 Outdoor Activities

Presenter: Nancy Litwin-Fundy View District Commissioner

Capacity: 15

Are you wanting to get outside but not sure what kind of activities to lead? Join this session to make a set of “night eyes” that is great fun for Embers-Rangers (Sparks may get a little scared with this nighttime game). How to get started with taking your units outside will be discussed and you will leave with a list of resources and ideas for all age groups.

Target Audience: All members

A4 Navigating Memberzone and so much more.

Presenter: Holly Thompson-Harvest Trail Area Treasurer

Capacity: 24

National information, provincial activities, program ideas, and volunteer opportunities... where do you find what you need? Navigating Memberzone and the NS GGC website can be confusing. In this session, follow Holly as she explains the information and tools you can access on each website.

Target Audience: All Members

Block B – 10:30 am to 12:00pm

B1 Crafts for Sparks/Embers

Presenter: Megan Todd

Capacity – 24

Looking for new creative ideas for unit meetings? Join crafter Megan as she demonstrates two crafts perfect for this age group. Please bring scissors and your favourite colour of sharpies for this session.

Target Audience: Spark, Ember Guiders, Rangers and Bridging Members

B2 Youth Awards/Youth Forum

Presenter: Marrick MacKay-Trainer, Provincial Youth Forum Coordinator

Capacity:15

Not sure what the Lady Baden Powell award is? Are the youth in your Pathfinder unit interested in earning their Canada Cord? Yes, your Rangers can earn their Bronze, Silver and Gold Trailblazer awards. If these are some questions you have about the awards the youth can earn while in GGC, then this session is for you.

Target Audience: Guide, Pathfinder and Ranger Guiders, Rangers, Bridging Members

B3 Have fun with Stem!

Presenter: Lisa Bland-Hants District Commissioner

Capacity:30

Looking for new ways to incorporate STEM into your meetings? Perhaps STEM isn't your thing and you need some clever ideas to keep the girls engaged? This session will be perfect for introducing girls to learn about Science Technology Engineering and Math.

Target Audience: Spark, Ember Guiders, Rangers, Bridging Members

B4 Focus on Explore Identities

Presenter: Michelle Jermy-Trainer

Capacity: 20

Dive into the Be Well Program Area, discover resources and try out activities to help your Unit explore personal identity, celebrate differences and girl greatness.

Target Audience: All Members

Block AB – 9:00 am to 11:30 am

AB1 Outdoor Cooking

Presenter: Kelly McKeon-Trainer

Capacity:15

Experiment with different types of outdoor cooking methods and try some yummy recipes to take back to your unit.

Will be a \$5 fee for supplies. Option to bring a camp chair for comfort

Target Audience:

Block C – 1:00 pm to 2:30 pm

C1 Crafts for Guides-Rangers

Presenter: Megan Todd

Capacity:24

Looking for a craft idea that will challenge the older youth in your units? Crafter Megan will demonstrate and guide you through crafting with paracord.

Target Audience: Guide through Ranger Guiders, Rangers

C2 Cultural Appropriation vs Appreciation

Presenter: Jennifer Thornton and Lisa Bland-DEI Facilitators

Capacity:20

Cultural appropriation is a term that we hear a lot about but which we're not always sure about. Come discuss how to define it, how to recognize it, and learn about how to practice cultural appreciation instead.

Target Audience: All Members

C3 Program Platform 1(Get on and Navigate) & 2 (Make Meetings and Track Badges)

Presenter: Michelle Jermy-Trainer

Capacity:12

Are you new to Guiding and needing a tour of the Girls First Platform? Perhaps a refresher if you've been out of a unit? Michelle will help you get started and answer any questions you may have. Feel free to bring your device so you can work along with Michelle.

Target Audience: All members

Block D – 3:00 pm to 4:30 pm

D1 Secularism for Everyone

Presenters: Jennifer Thornton and Lisa Bland-DEI Facilitators

Capacity – 25

Grow your passion to provide a welcoming experience to all members. This session will provide helpful tips and tricks to create a unit space that is welcoming and celebratory of all cultures. Moving from practices that have their roots in religion or are religious allows us to remain true to our values and work towards serving all youth. This is a great space to discuss winter celebrations and traditions, as well as other areas of Guiding throughout the year.

Target Audience: All Members

D2 Be Well Program Area

Presenter: Michelle Jermy-Trainer

Capacity:20

Dive into the Be Well Program Area, discover resources and try out activities to help your Unit explore mental health, physical wellbeing, and healthy relationships.

Target Audience: All Guiders, Rangers

D3 Cricut Crafting with GGC

Presenter: Megan Todd

Capacity – 24

Did you get a cricut to use for guiding and don't know where to start? Come learn how to get started, including how to convert files like the trefoil. Participants will be creating a basic project.

If you have a device with cricut design space on it and weeding tools, would be beneficial but not essential to bring along.

Target Audience: All members

Block CD – 1:00 pm to 4:15 pm

CD1 Volunteer Food Safety

Presenter: Debbie Mellish-Trainer

Capacity - 50

The volunteer level food safety course is required when food is being prepared by Guiders, for any event. Not just for guiding but anywhere food is being prepared.

Attending this session will get you that check mark on iMIS required to take your unit to camp.

Target Audience: Rangers, Bridging Members, all Guiders

