

BIKE FRIENDS FOREVER - DAYTIME EVENTS AT NORTH SHORE BIKE PARK - 2024

Participants will require:

1. SG.2 Permission Form **signed and handed in to Unit Guider** (*these will be given to the event organizer on-site after your youth arrive*) - **MUST BE HARD COPY**
2. North Shore Bike Park waiver **signed/initialed and handed in to Unit Guider** (*these will be given to the event organizer on-site after your youth arrive*) - **MUST BE HARD COPY**
3. H.1 Health Form **kept with Unit Guider** (*Guiders can print paper copies from ePACT or simply have ePACT access on your smartphone/device during the event - these do not need to be provided to the event organizer, but please have them on-hand and be aware of any youth needs*)
4. Nut-free snack and water bottle

Arrival/Departure Instructions:

- At least 1 adult volunteer from each unit should arrive early before 8:45am (morning sessions) or 12:45pm (afternoon sessions) to welcome families/youth from your unit.
- Families should arrive to check in with a Unit Guider between 8:45-9:00am (morning sessions) or 12:45-1:00pm (afternoon sessions). Families will be asked to immediately depart once checked in with their Guider so we have enough space for youth to settle in.
- Guests/spectators may not remain in the park - only registered attendees will be present in the NSBP.
- Pick-up is at 12:30pm (morning sessions) or 4:30pm (afternoon sessions). Please exit promptly as we are hosting subsequent activities for the next group of Girl Guides immediately afterwards.
- Parking is available at Capilano Mall for family drop-offs/pick-ups or volunteers remaining on-site; please follow any posted signage.
- Transit access is easily available; there are many bus routes that pass by Capilano Mall.

Schedule:

<i>Morning Sessions</i>		<i>Afternoon Sessions</i>	
8:45-9:00am	Arrival	12:45-1:00pm	Arrival
9:00am	Welcome, Safety Info	1:00pm	Welcome, Safety Info
9:15-10:15am	Activity #1	1:15-2:15pm	Activity #1
10:15-11:15am	Activity #2	2:15-3:15pm	Activity #2
11:15am-12:15pm	Activity #3	3:15-4:15pm	Activity #3
12:15pm	Closing	4:15pm	Closing
12:30pm	Departure	4:30pm	Departure