**Camp Kit List**

Please let the camper help pack so they know where things are in their bag.

Please **label everything** with their name. **Do not pack anything in garbage bags**.

***NO FOOD, GUM, OR ITEMS OF VALUE (no electronics)***

* **Bedroll** 
  + bottom bedsheet (to cover mattress)
  + sleeping bag
  + pillow
  + extra blanket
  + inner liner/top bedsheet (optional)
  + tarp or plastic to cover
  + rope or bungee cords to tie around the bedroll
* **OR**
  + all items rolled into a duffle bag/waterproof bag
* **Shoes** 
  + indoor shoes (slippers with good grip or clean indoor shoes)
  + rain boots / snow boots

* **Clothes** – *NO DRESSES, NO SKIRTS*
  + 2 pair pants
  + 3 shirts
  + 3 pair socks
  + underclothes as needed
  + pair of PJs (*NO NIGHTIES)*
  + sweater or hoodie
  + Toque and gloves
  + Winter Jacket
* **Toiletries**
* container to hold everything
* face cloth
* soap
* towel
* toothbrush
* toothpaste
* cup to rinse mouth
* comb and/or brush/and ponytail holder
* deodorant
* sanitary supplies if needed
* **Other Items**
  + refillable water bottle
  + small backpack for hike
  + campfire blanket (may double as extra blanket for bedroll)
  + quiet time activities (books, drawing/colouring)
  + flashlight
* **Medications** – if required or sent just in case
  + Need to be sent in original packages with dosage instructions and **H3 form (forms were on registration webpage)**. No medications can be administered without caregiver approval.
* Examples include, Polysporin, Tylenol, Anti-diarrheal, Allergy, Midol, etc.
* Medications not sent by caregivers cannot be given to girls.

