**Camp Kit List**

Please let the camper help pack so they know where things are in their bag.

Please **label everything** with their name. **Do not pack anything in garbage bags**.

***NO FOOD, GUM, OR ITEMS OF VALUE (no electronics)***

* **Bedroll**
	+ bottom bedsheet (to cover mattress)
	+ sleeping bag
	+ pillow
	+ extra blanket
	+ inner liner/top bedsheet (optional)
	+ tarp or plastic to cover
	+ rope or bungee cords to tie around the bedroll
* **OR**
	+ all items rolled into a duffle bag/waterproof bag
* **Shoes**
	+ indoor shoes (slippers with good grip or clean indoor shoes)
	+ rain boots / snow boots

* **Clothes** – *NO DRESSES, NO SKIRTS*
	+ 2 pair pants
	+ 3 shirts
	+ 3 pair socks
	+ underclothes as needed
	+ pair of PJs (*NO NIGHTIES)*
	+ sweater or hoodie
	+ Toque and gloves
	+ Winter Jacket
* **Toiletries**
* container to hold everything
* face cloth
* soap
* towel
* toothbrush
* toothpaste
* cup to rinse mouth
* comb and/or brush/and ponytail holder
* deodorant
* sanitary supplies if needed
* **Other Items**
	+ refillable water bottle
	+ small backpack for hike
	+ campfire blanket (may double as extra blanket for bedroll)
	+ quiet time activities (books, drawing/colouring)
	+ flashlight
* **Medications** – if required or sent just in case
	+ Need to be sent in original packages with dosage instructions and **H3 form (forms were on registration webpage)**. No medications can be administered without caregiver approval.
* Examples include, Polysporin, Tylenol, Anti-diarrheal, Allergy, Midol, etc.
* Medications not sent by caregivers cannot be given to girls.

