

## Catalogue of Sessions for January Thaw 2025

**Bits and Bites** - Come taste camp goodies. There will be a small cost (\$3-5) to help cover the cost of the food provided.

**Buzzer Games** - BUZZ! Challenge your youth to play within a specific time limit! Learn some quick activities that you can apply a loud buzzer to!

**Safe Guide** - need to take a quick refresher - this is for you!

**SWAPS** - SWAPS stands for "Special Whatchamacallits Affectionately Pinned Somewhere." They are small tokens of friendship that youth exchange with one another, and each SWAP uniquely reflects a fellow Girl Guide, their unit, or a memory of a special event. In this session participants create several unique, outrageous, interactive and useful SWAPS to take back to their units.

**10 Minute Activities** - Come explore some activities that take only small snatches of time - perfect when you are transitioning from one big thing to another! Get the wriggles out with 10-minute (backpocket) games.

**Badge Presentations** - This session will demonstrate several ways to present program and fun Badges to youth in your unit(s). These Outrageous badge presentations are meant to be easy, cost-effective and take no time at all. Have Badges for youth? bring them with you to get crafty and creative.

**Drop-in Coffee Chat** - Come and chat with DEIA facilitators and get answers to those questions.

**General Fiber Arts** - What to do with all that wool!

**Gumball Machines** - let's see what we can do with gumball (gacha) machines; what sort of surprises could be in store?

**Active Songs** - join in as we sing some songs with active movement - perfect for shaking the sillies off!

**Leather Crafts** - a simple punch or two and you are on your way to a leather masterpiece! Join in this session and see what can be done with leather! (A small supply fee will be requested. Please bring along some money)

**Sticking Around** - Sparks and Embers going on walks get elevated to Branch Managers with the right tools! Discover some activities you can do with sticks, on hikes.

**Ukulele 1** - An introductory course to ukulele - after you are done, you can stick around for part 2!

**Game of Life – Skills**

In this session participants will be guided through a unique game of life where you will learn a variety of life skills. This session will provide guiders with a fun interactive program game that will have youth learning basic life skills such as cooking, money, etiquette and more.

**Nature-based Activities** - With Spring just around the corner, brainstorm some ideas on what to do with the youth outside!

**Ukulele 2** - A continuation of level 1 or for those that know the ukulele - more challenging songs!

**Craft Together** - this double session is a free-flow drop-in session with some choices of craft items. You will be sent an email with the final selections and you will be provided with the materials on the day of.

**Talking 'bout TEAMS** - Have questions about various trainings, come get answers. Wondering what TEAMS is, come get answers.