

LEAP 2025 KIT LIST (Draft)

All items brought to camp should have the participant's name on them. With an anticipated number of participants exceeding 1,000, it will be much easier for lost items to be returned to their owner if there's a label on them.

Everyone is arriving by bus eventually, so it's important to ensure your gear is compact. Rubbermaid bins are allowed, but backpacks will fit better in the tent vestibules for protection from weather.

NOTES:

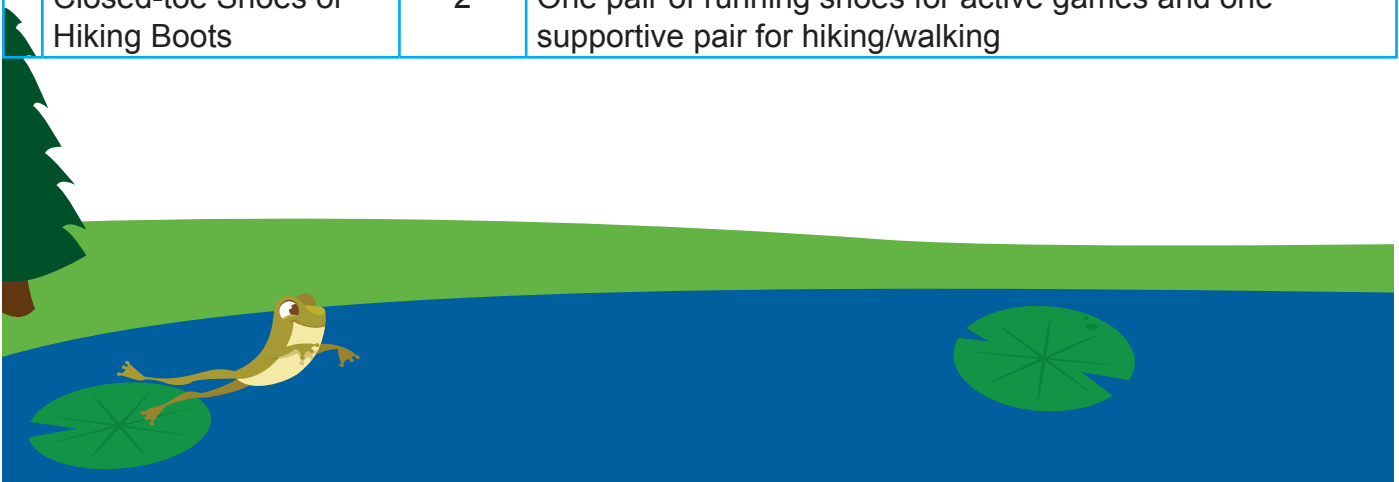
1. Neighbourhood sites are predominantly open fields with limited access to trees for creating shelter or hanging clothes lines. With this in mind, we suggest that patrols bring a shelter (no larger than 12x12) and plan to bring/use a "dog auger/stake" to secure the shelter to the ground due to potential of high winds.
2. Busing – patrols are responsible for loading and unloading their personal and patrol gear on/off the bus. Please ensure you are packing what you are willing to carry.

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ITEM	# OF ITEMS	GUIDELINES
CLOTHING:		
T-Shirts	5-7	Shirts must provide shoulder covering to minimize sun exposure.
Long-sleeved Shirts	2-3	Lightweight (cotton), worn at dusk button up or long-sleeved t-shirt
Hoodies/Sweaters	2	One non cotton, e.g. fleece for extra warmth on cool nights or damp days
Shorts	3-4	Quick drying fabrics and of a length that girls feel comfortable doing active land activities while wearing (climbing, jumping, games, ropes courses, etc.)
Pants/Sweatpants	3	One lightweight (cotton), worn at dusk Quick dry fabrics if possible One extra warmth (non-cotton) for cool nights or damp days
Pyjamas	2-3	One pair non cotton for cool nights
Socks	7-10	Include warm ones for nighttime warmth
Underwear	7-10	
Bra	2-3	
Swimsuit	2-3	One piece or tankini style preferred – bathing suits that girls will feel comfortable doing active water activities in; optional for sun protection: a rash guard top or shorts for water sports
Water Shoes or Beach Sandals	1	Closed-toe and back straps preferred to ensure shoes are not lost in the water
OUTERWEAR:		
Wind Jacket	1	Lightweight and packable
Rain Coat or Poncho and Pants	1	Waterproof with hood or rain hat
Waterproof Boots	1	For rainy days and dewy mornings
Closed-toe Shoes or Hiking Boots	2	One pair of running shoes for active games and one supportive pair for hiking/walking





ITEM	# OF ITEMS	GUIDELINES
OTHER:		
Towels	1-2	Quick dry versions are best (not cotton)
Sunscreen		
Insect Repellant		
Wash Cloth	1-2	
Biodegradable Soap		
Toothbrush & Toothpaste		
Deodorant		
Hair Brush, Comb, Accessories		
Feminine Hygiene Supplies		
Shower Shoes		
Medications*		Completed H.3 to be brought with any medications (medication must come to camp in its original container) LEAP Patrol Guiders will be responsible for the management of H.3 forms for their patrol while at camp.
PERSONAL EQUIPMENT:		
Warm Sleeping Bag		Packed in a waterproof stuff sack
Sleeping Bag Liner or Sheet		
Pillow		
Insulated Sleeping Pad/Mat	1	Self-inflating, foam, avoid air mattresses, no larger than 30" wide due to tent size
Ground Sheet	1	For use under sleeping bag – 8x8 or 4x6
Flashlight (with extra batteries)	2	Headlamp style flashlights or small LEDs recommended
Sit-Up-on or Stadium Seat	1	Ideal to bring for large events
Refillable Water bottle	1	
Small Backpack		For day use around camp and on out-trips
Plastic Bags for Laundry	2	One waterproof bag for taking wet clothing home

Mess Kit





ITEM	# OF ITEMS	GUIDELINES
OPTIONAL:		
Sun Hat (with brim)		Note: LEAP 2025 bucket or baseball-style hat will be provided.
SWAPS		Crafts or crests to trade with new friends
Bug Net Hat or Bug Shirt		
Small Stuffed toy		
Camera		Clearly labelled with extra batteries/charger; in Ziploc bag or waterproof case
Battery Packs for charging devices		There will be no charging stations for phones on site.
Notebook & Pencil		
Camp Blanket/Poncho		
Book, Cards, or other quiet activity		
Sunglasses		
Fanny pack or cross-body pouch		For asthma inhalers or epi-pen
Tissues or Wet Wipes		
Foldable Camp Chair		For use in patrol space on campsite
Waterproof Bag for Swimming Gear		

