

**KIT LIST – 2 Night
Monashee Area Embers Camp
Camp Arbuckle-May 2nd – 4th 2025**

Bedding: Girl must have each of these items	
	1 6x9 tarp or a water proof bag they can carry it in (no garbage bags as they will rip!) Girls must have a tarp even if they bring their bedding in a waterproof bag.
	1 Sleeping bag (not thin “sleepover” bag)
	1 Warm Extra Blanket & stuffy – Fleece or wool is best.
	1 Pillow
	1 PJ’s (wool, fleece, flannel, must have tops & bottoms-no nightshirts or onesies)
	1 Blue foamy or self inflating (no air mattress or dense foam and must be a single width)
Clothing: to be packed in one waterproof duffel bag/backpack	
	1 Hat (baseball or bucket are the best)
	2 Pairs of pants
	1 Warm sweatshirt
	2 T-shirts (no tank tops)
	2 pairs socks
	2 Underwear
	1 Jacket
	Girls should wear weather appropriate shoes to camp, none are to be canvas, have heels or be open toed – ABSOLUTELY NO SANDALS!
	1 garbage bag (for wet/dirty clothes)
	1 Flashlight and extra batteries
	1 Insulated Sit-upon
Hygiene: to be packed in container with lid	
	1 Toothbrush & paste
	1 Hairbrush and ties (long hair should be braided before camp)
	1 Face cloth and hand towel & small bar of soap
	Sun block and bug repellent (lotions, not aerosol or spritz please)
	Lotion & chapstick
	Sunglasses
	Feminine Hygiene Products (as needed)
<i>If you your daughter needs any medications (or you feel she may) please be aware that we cannot provide anything. All medications must be in original packaging and have written instructions included. Our first aider will administer as instructed.</i>	
Other	
	1 Water bottle – filled before arriving
Label everything you send to camp with your girls	
Let your girls pack so they know where to find things	