**Kit list for Pink Pyjamas**

\*Please make sure everything is clearly labelled\*

* One set of clothes for overnight (pyjamas)
* One set of clothes for the next morning
* A lovey or snuggle buddy.
* A sleeping bag, a spare blanket, a pillow
* A closed cell foam mat and an air pad (please do not provide the Sparks with the big airbeds)
* A plate and a cup; preferably unbreakable plastic, a spoon and a fork
* Toothbrush, toothpaste, hairbrush or combs, hair elastics if needed, washcloth if needed.
* A full water bottle.
* A flashlight will be provided to participants.
* Medications in original containers with youth names and complete instructions to be handed directly to Unit Guiders