**Kit list for Orange You Glad…**

\*Please make sure everything is clearly labelled\*

* A sleeping bag, a spare blanket, a pillow, a lovey/stuffie/stuffed toy, a closed cell foam mat, an air pad – in a duffel bag
  + We will provide participants with a tarp and rope for bedrolls, optional
* One complete set of clothes for overnight
  + Everything must be dry for comfortable sleeping outside, in a plastic bag like a bin liner, including any pull-ups if needed, labelled clearly for purpose.
* One set of clothes for the next day
  + in a plastic bag like a bin liner, labelled clearly for purpose.
* A plate, a bowl, and a cup, a spoon, a fork, and a knife
  + We will provide first year participants with a ditty bag.
* Toothbrush, toothpaste, hairbrush or combs, hair elastics if needed, washcloth if needed, female hygiene products if appropriate.
* A flashlight
* A full water bottle.
* A rain jacket, splash pants, and rainboots in case of wet weather
* A sun hat, sunscreen, bug repellent for better weather
* Medications in original containers with youth names and complete instructions to be handed directly to Unit Guiders