



Monashee Area Girl Guides

invite you to join us for a Jurassic Adventure
Nite Trek 2025!

Monashee Area Girl Guides invite you to embark on an exciting overnight trek like no other! **Nite Trek 2025** is a thrilling challenge designed for **Girl Guides and Scouts**, where teams will navigate 8-10 km of cross-country ski trails at Telemark Trails—under the cover of night!

Along the way, groups will encounter **Jurassic-themed challenge stations**, where teamwork will be essential to complete tasks. To keep the adventure going, a **Hot Chocolate and Hotdog Station** will be set up halfway through the trek for a warm and well-deserved break.

This is your chance to test your skills, build friendships, and create lasting memories in a unique outdoor setting. Get ready for a night of adventure, teamwork, and fun!

Who: Scouts & Venturers, Guides, Pathfinders, Rangers Trex,
Trekking groups will be organized into groups of 4-6 with both girls and boys of the same age range to Trek

When: Saturday, May 10th, 12:00 pm - Sunday, May 11th, 9:30 am
Check in - Once everyone in your patrol/troop has arrived please check in before 2:00 pm.

Cost: \$40.00 per youth

The cost of the event includes a crest, dinner on Saturday night, and the Nite Trek experience. GST is included per registered youth.

There is an option to purchase a Nite Trek t-shirt the cost is \$21.75.
Click **HERE** to view a sample shirt and sizing.

Where: Telemark Trails by Crystal Mountain.

Telemark Trails is located on a paved road in West Kelowna, 9 km up Glenrosa Road. Go west (up) Glenrosa Road interchange on Highway 97 towards Crystal Mountain. The Telemark parking lot is 3 km before Crystal Mountain. There is a large Telemark sign at the entrance to the parking lot.

Patrol/Troop Information:

Each Patrol/Troop will bring their camping equipment, food, and snacks for all meals except Saturday night dinner. All participants must bring suitable clothing and footwear for an early spring event – a kit list will be provided when registration closes. Be prepared it may be cold and the trail will be wet in some areas.

Registration: The information you need to register your unit

Each Unit/Troop is required to provide 3 Adults and have at least the 7:1 ratio covered. If you have a group larger than 21, please bring an extra Guider.

- 1 will stay at base camp until all Trekkers have returned.
- 1 is needed to help at stations
- 1 is needed for security to walk the trail.

To register through the Double Knot system, please have the following information ready:

- **Youth's name**
- **Detailed explanation of any food-related allergies**, including severity
- **Preferred buddy** (ensure your youth is paired with a friend from their patrol/troop)

Parent Helper needs the following to volunteer

GGC - A7 approved

Scouts - Parent Overnight Helpers approved

Health forms

GGC - H1 or Epact form

Scouts - Health form

Adults – H2

Each youth must carry their form during the event or hike, with an additional copy kept at their site/base camp. Adults are also required to carry a health form with them for the duration of the event.

Deadline to register for this event is April 11th.

Click this link to register your patrol for this event. (double knot link)