**Guiders – Keep this form and submit as part of the** [**Safe Guide Retention Package**](https://mz.girlguides.ca/web/MZ/Guider_Resources/Safe_Guide_SubPages/SGPC_Form.aspx)**.**

Activities are organized according to Girl Guides of Canada’s Safe Guide. Safe Guide sets procedures for activity management including supervision, training, equipment, and health matters. A copy of Safe Guide is available from [www.GirlGuides.ca](http://www.girlguides.ca/).

**If your daughter/ward has any needs or disabilities that may require accommodation, disclosing and discussing them with us will help us accommodate her.**

**Parents/Guardians – please keep this sheet for your information!**

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| ACTIVITY INFORMATION | | | | | | |
| Name of activity: Nite Trek | | | | | Today’s date:March 4, 2025 | |
| Unit Name(s): | | | | | | |
| Council: Monashee Area | | | District or Administrative Community: | | | |
| Responsible Guider:Trudi McCarthy | | | | | Cost (including GST/HST): $40.00 | |
| Activity Start | | Date: May 10, 2025 | | Activity End | | Date: May 11, 2025 |
| Time: 12:00pm | | Time:9:30am |
| **List of planned activities:***(Not enough space? Attach an activity plan to this form)*  A night hike filled with challenges is a thrilling adventure where the darkness adds an extra layer of excitement. As the trail unfolds beneath a starlit sky, you navigate through the quiet wilderness, the only sounds being your footsteps and distant animal calls. Along the way, you encounter stops where you face various challenges—mental, physical, or even creative. These might include solving riddles, completing tasks like balancing on a log, or observing your surroundings to recall key details. Each challenge keeps you engaged, pushing you to think, move, and interact with nature in new ways.  The night setting enhances the experience, with shadows shifting and the cool air sharpening your senses. The absence of sunlight creates a sense of mystery, making every step feel like an exploration. Whether you're hiking solo or with a group, the challenges become a shared journey, testing your teamwork and adaptability. The hike is more than just a path to the end—it's about embracing the journey itself, where the thrill of each challenge and the serenity of the night sky combine to create an unforgettable adventure. | | | | | | |
| A detailed itinerary is attached: Yes No | | | | | | |
| **Third Party Service Provider (TPSP) Activity Facilitators**  List all TPSPs that will be present during the activity and what services they will provide. *(Not enough space? Attach another page to this form)* | | | | | | |
| A TPSP waiver is attached and required to be completed in order to participate. | | | | | | |
| Location Information | | | | | | |
| Location or facility name:Telemark Nordic Club | | | | | Contact number: | |
| Address: | West Kelowna BC | | | | | |
|  | Street Address City/Town Prov Postal Code | | | | | |
| Brief description of facility/site: Located 9 kilometers up Glenrosa Road on paved and plowed road. | | | | | | |
| For overnights, type of accommodation: Meeting hallCamp Building Tent Hotel  Hostel Other (please list): | | | | | | |
| Supervision | | | | | | |
| Minimum supervision ratios will beSupervisors 1 to girls8.  Mandatory minimum supervision ratios can be found in [Safe Guide](https://mbr.girlguides.ca/Documents/MZ/SafeGuide/SafeGuide.pdf). | | | | | | |
| How will girl be supervised during the activity? For overnight include information about where girls and Guiders be sleeping and how girls will be supervised overnight.*(Not enough space? Attach another page to this form)*  Each unit will provide 3 adults - one for base camp, one for patrolling and one to run a station. If there are more youth than the 1:7 ratio the unit will have to have adults to cover ratio. One guider will remain at the main site to ensure someone is available should the organizing committee needs to get in touch with them regarding youth hiking. We will have security patrolling the trails for the duration of the hike and will have St. Johns first aid on site | | | | | | |
| Transportation Information | | | | | | |
| Parent/guardian/caregiver will provide transportation to and from activity: Yes No | | | | | | |
| Arrangements for transportation: | | | | | | |
| Drop-off time: | | | | Drop-off location: | | |
| Pick-up time: | | | | Pick-up location: | | |
| **Drivers must ensure that owner of a vehicle has appropriate insurance.** Because of the way vehicle insurance is organized in Canada, coverage is only available through the vehicle owner. The owner is responsible for maintaining their vehicle insurance and for any injury to anyone or physical damage to their vehicle, another vehicle, resulting from its use for a GGC sanctioned activity. | | | | | | |
| What to bring *(Not enough space? Attach kit list to this form)* | | | | | | |
| Spending money: $ | | | | Equipment: | | |
| Food: | | | | Other: | | |
| Clothing: | | | | Kit list attached: Yes  No | | |

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| --- | --- |
| **For more info before the activity:** | **Contact information during the activity:** |
| Guider’s name: | Guider’s name: |
| Phone number: | Phone number: |
| E-mail: | E-mail: |