

## **Indoor Camp Kit List**

**Please read ALL the list and pack ALL items**

Air mattress & Pump, or foam mat (single size only unless sharing with another) or cot

Sleeping bag, blanket and camp blanket (optional) and pillow

2 pair pants

2 Short sleeve tops

1 Sweatshirt and 1 long sleeve shirt

4 Socks

3 Underwear

PJ's or track suit to sleep in (NO Nighties!)

Flashlight, Lip balm, hand cream

Slippers with rubber soles or indoor running shoes

Personal Water Bottle filled with water & name clearly printed on it

Small towel, facecloth, soap (optional depending on family routines)

hairbrush & hair elastics (must have these)

Toothbrush and toothpaste

Appropriate outdoor clothing for the weather (ie. Snowpants or splashpants, hat, mitts, boots)

Optional: Books, cards, games, or other items needed to sleep

Technology (ie: phones, ipads, tablets, etc) are allowed, but they are a tool, not a toy - if you're bringing your tech, please keep it away unless you are taking pictures. Please be mindful of anyone who does not wish their pictures to be taken. If you are sharing music and playlists, please make sure it's not offensive to anyone in the group. Same with YouTube videos. There will be time to use tech in leisure times, but again be aware of those around you.

Any medications should be clearly labelled, in original packaging and given to Mercedes as soon as you arrive at camp. If you have permission to take your own meds, you still need to keep them in a centralized location, and check in with leaders when taking anything.

### **Helpful Hints:**

#1 Pack your own bag so you know what's in there.

#2 Pack ALL the stuff except bedding in ONE LARGE bag (or bin). This gives lots of space for finding things and shoving things back in the bag. (Our favourite bags have rolley wheels for easy moving.)

#3 Do not bring anything you're concerned about losing.

#4 Do not go "crazy" trying to buy stuff. Ask around and borrow sleeping bags etc.

#5 Labelling your stuff makes it easier to ensure you get it back at the end of camp, including: underwear, socks, toothbrush, teatowels, shoes, hairbrush, flashlight, rope for sleeping bag, pillow, tech, etc. Inevitably there's something left behind and with multiple groups it makes it easier to be returned.

#6 Large Zip style bags (especially zipper type) are useful to keep similar items together and easy to find.( for example: Bathroom items, Underwear )

#7 Many parents send Tylenol etc for "just in case we need it" situations. Throat lozenges are also "just in case" medications that are often used since the air can be quite dry when we are indoors with forced air for two days.

#8 Talk to any of us Leaders. We want to make your experiences fun. We will try to facilitate and make adjustments to make this work for everyone. Text Mercedes with any questions before camp, or send an email. 416-436-5484, dragonsmercy@yahoo.ca