

# Connect with the Sisterhood of Guiding Fill Your Guiding Bucket!



## Training and Enrichment for Adult Members Saturday, October 25, 2025

**Who Can Attend:** Rangers and Adults

**Registration:** \$15.00 plus HST

**Event Planner:** Gwendolyn Dekker and Janette Newcombe

**Location:** The Church of St. Jude, 1537 Adelaide Street North, London

**Registration Deadline:** October 18, 2025

**Description:**

We will be offering multiple in-person sessions, which will range from:

- TEAM trainings which are used towards Training Pins
- All about the Branch
- OAL Indoor
- Arts and Crafts
- Leadership Learning Path
- Networking sessions

| <b>Schedule</b> |  |
|-----------------|--|
| <b>Time</b>     | <b>Activity</b>                              |
| 8:30            | Arrive/Register: Coffee and Tea ( Lug a Mug) |
| 9:00            | Opening and Welcome                          |
| 9:15 -10:30     | Session 1                                    |
| 10:30           | Break  |
| 10:45-12:00     | Session 2                                    |
| 12:00           | Lunch ( Bring your own bag Lunch)            |
| 12:45-2:00      | Session 3                                    |
| 2:00            | Break  |
| 2:15-3:30       | Session 4                                    |
| 3:40            | Closing and Thanks                           |

| Morning Session  |                                       | Afternoon Sessions  |   |
|--|---------------------------------------|---|---|
| Full day sessions  |                                       |   |   |
| ABCD1  |                                       |   |   |
| 1. Leadership Learning Path: Self leadership<br>2. Team Leadership: Building Teams<br>3. Team Leadership: Navigating Teams |                                       |   |   |
| ABCD2  |                                       |   |   |
| OAL Indoors Modules 1-4 Leading, Planning, Food and Nutrition, Camp Life, plus Get outside                                 |                                       |   |   |
| Double sessions  |                                       |   |   |
| AB1<br><br>Safe Guide forms, tips, and tricks  |                                       | CD1<br><br>Building Unit Guider Skills  |   |
| AB2<br><br>Random Acts of Team Building  |                                       | CD 4<br><br>Navigating through the Branches compass and map skills              |   |
| AB3<br><br>Hat crafts and swaps  |                                       | CD3<br><br>Card making  |   |
| Single Sessions  |                                       |   |   |
| A1<br><br>All about the Branch: Sparks   | B1<br><br>All About the Branch Embers | C1<br><br>All about the Branch Guides   | D1<br><br>All about the Branch: Pathfinders |
| A2<br><br>Connecting: Pathfinder and Ranger Guiders  | B2<br><br>Secularism in guiding       | C2<br><br>Community guider questions. Come chat with Jillian D. Community 4 ACL | CD2<br><br>Felting Animals                  |

| Full Day Session: 9:15 - 12:00 12:45 - 3:30 |   |  |
|---|---|--|
| ABCD1                                       | <b>Leadership Learning Path</b><br><br><b>Self Leadership</b><br><br><p>Great leadership begins with self-leadership. Grow self-awareness by identifying the skills and leadership style you bring and how you apply them to your leadership role. Consider how you influence your emotions, thoughts, and behaviour for a positive impact on your leadership goals. You'll have the opportunity to identify areas of growth and apply strategies to help you lead yourself as a more effective and responsive leader. This course utilizes the WAGGGS Reflective mindset and Creative and Critical Thinking mindset.</p> <b>Team Leadership: Building Teams</b><br><br><p>All Participants will explore different leadership models and key components to building a strong team. They will also cover the importance of building trust, safe spaces, and shared purposes, principles and practices. This course will use the WAGGGS leadership model to develop a view of leadership as something everyone can undertake, rather than simply something for those at the front of the room or the head of a team.</p> <b>Team Leadership: Navigating Teams</b><br><br><p>All Participants will explore what to (do when things go wrong and teamwork gets a little bit stormy. Activities will be centered around conflict resolution and problem solving, two sides of a same coin, as well as performance management through the lenses of feedback and coaching. Taking steps to ensure your team meets its ultimate goal - success. Tips on managing challenges and developing membership trust.</p> | <b>Natalie Quinton</b>                       |
| ABCD2                                       | <b>OAL Indoor – Leading, Planning, Food and Nutrition, Camp Life</b><br><br><p>The full TEAM OAL Training consists of the five sessions titled “OAL Indoor – Leading”, “OAL Indoor – Planning”, “OAL Indoor – Food &amp; Nutrition”, and “OAL Indoor – Camp Life” and the Getting Outdoors Team Module will be discussed each season progressively meaning only those completing all 4 modules will earn the Getting Outdoors module.</p>   | <b>Gwendolyn Dekker and Kathleen Ciceran</b> |
| Morning Double Sessions: 9:15 - 12:00       |   |  |
| AB1   | <b>Safe Guide</b><br><br><p>This training provides all adult members with a basic understanding of Safe Guide, GGC's risk management policies and procedures. It provides an overview of risk factors and risk levels, an understanding of the basic concepts of risk management and a process for assessing the risks of specific Guiding activities.</p>  | <b>Kris McNaughton</b>                       |
| AB2   | <b>Random Acts of Team Building</b><br><br><p>This session will approach teambuilding a lot like guerilla gardening, y'know those small acts of beautification on a neglected street that add up to big improvements in mood and atmosphere? It doesn't matter if you're leading the team or just another bum on the bench. We'll invite you to try small interventions. Experiment. Join us as we learn to plant seeds of healthy team dynamics, in whatever group we're in.</p>   | <b>Candace Doward</b>                        |

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| <b>AB3</b>                                     | <b>Hat Crafts and Swaps</b> <span style="float: right;"><b>Lori Marks</b></span><br><br>SWAPS – Special Whatchamacallits Affectionately Pinned Somewhere! SWAPS are small tokens of friendship that youth exchange with one another, and each SWAP uniquely reflects a fellow Girl Guide, their unit, or a memory of a special event. In this session participants we create several outrageous, interactive and useful SWAPS to take back to your unit   |
| <b>Afternoon Double Sessions: 12:45 - 3:30</b> |   |
| <b>CD1</b>                                     | <b>Building Unit Guider Skills</b> <span style="float: right;"><b>Kris McNaughton</b></span><br><br>This training will provide new Unit Guiders with an overview of their role, how to use the girl-driven approach to Guiding, and strategies to engage girls in planning and decision-making. Additionally, new Unit Guiders will learn how to construct an effective unit meeting and learn the components of the program that ensure girls have fun in Guiding.   |
| <b>CD2</b>                                     | <b>Navigating Through the Branches</b> <span style="float: right;"><b>Margaret Ann Montgomery</b></span><br><br>Are you looking for "One Direction" on your compass? Come check out our activities on directional navigation from Spark to Embers (Session C2) or Guides to Rangers (Session D3).<br><br>The session includes activities, crafts, stories, games and experiments plus the progression of the skills associated with map reading and compass work.   |
| <b>CD3</b>                                     | <b>Card Making</b> <span style="float: right;"><b>Dawn Houghton</b></span><br><br>Would you like to make hand made greeting cards to share with friends and family? This easy-to-follow session will introduce you to card making basics and show you how fun and easy it is to create pretty cards.  |
| <b>Morning Single Sessions (75 minutes)</b>    |   |
| <b>A1</b><br><br><b>9:15</b>                   | <b>All about the Branch: Sparks</b> <span style="float: right;"><b>Cindy Warner</b></span><br><br>This training will help new Guiders learn all about Sparks. Guiders will explore the physical, intellectual, and social development of girls aged 5-6 along with best practices for engaging Sparks. Guiders will also discover Sparks traditions and learn how to create engaging unit meetings that reflect the uniqueness of Sparks-aged girls.<br><i>Experienced Guiders from this branch are welcome to join in, refresh your skills and share your tips and tricks.</i> |
| <b>A2</b><br><br><b>9:15</b>                   | <b>Connecting Pathfinder and Ranger Guiders</b> <span style="float: right;"><b>Nicole Dawdy</b></span><br><br>The goal of this session is giving Guiders a chance to network with each other and discuss future activities for this level of Guides to participate in. We will also discuss the possibility of organizing a city or area event, such as a camp or a sleepover, that would specifically target this age of Guiding. Bring your best ideas and let's explore all these amazing possibilities together.  |
| <b>B1</b><br><br><b>10:45</b>                  | <b>All about the Branch: Embers</b> <span style="float: right;"><b>Cindy Warner</b></span><br><br>This training will help new Guiders learn all about Embers. Guiders will explore the physical, intellectual, and social development of girls aged 7-8 along with best practices for engaging Embers. Guiders will also discover Ember traditions and learn how to create engaging unit meetings that reflect the uniqueness of Ember-aged girls.<br><i>Experienced Guiders from this branch are welcome to join in, refresh your skills and share your tips and tricks.</i>   |
| <b>B2</b>                                      | <b>Secularism In Guiding</b> <span style="float: right;"><b>TBD</b></span>  |

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| <b>10:45</b>                                  | Guiding is a secular organization. What does this really mean? Come with your questions, tips, successes, challenges, and concerns and let's talk, so we can help make Guiding welcoming and safe for all.  |
| <b>Afternoon Single Sessions (75 minutes)</b> |   |
| <b>C1</b>                                     | <b>All about the Branch: Guides</b> <b>Candace Doward</b>   |
| <b>12:45</b>                                  | This training will help new Guiders learn all about Guides. Guiders will explore the physical, intellectual, and social development of girls aged 9-11 along with best practices for engaging Guides. Guiders will also discover Guide traditions and learn how to create engaging unit meetings that reflect the uniqueness of Guide-aged girls.<br><i>Experienced Guiders from this branch are welcome to join in, refresh your skills and share your tips and tricks.</i>                      |
| <b>C2</b>                                     | <b>Community Guider Networking</b> <b>Jillian Driessen</b>  |
| <b>12:45</b>                                  | Questions about the role? Tips and tricks for on-boarding new Guiders? Come with your questions, ideas and experiences to share with other CG's   |
| <b>D1</b>                                     | <b>All about the Branch: Pathfinders</b> <b>Candace Doward</b>  |
| <b>2:15</b>                                   | This training will help new Guiders learn all about Pathfinders. Guiders will explore the physical, intellectual, and social development of girls aged 12-14 along with best practices for engaging Pathfinders. Guiders will also discover Pathfinder traditions and learn how to create engaging unit meetings that reflect the uniqueness of Pathfinder-aged girls.<br><i>Experienced Guiders from this branch are welcome to join in, refresh your skills and share your tips and tricks.</i> |
| <b>D2</b>                                     | <b>Felting Animals</b> <b>Lisa Cook</b>   |
| <b>2:15</b>                                   | Try a new skill with felting wool. You will learn the basics of felting and go home with a felted animal  |