



Wilderness & Remote First Aid

Specialized first aid training uniquely designed for wilderness and remote environments

The Canadian Red Cross Wilderness & Remote First Aid Program (WRFA) offers specialty first aid courses for those who live, work, and/or play in non-urban, remote, and wilderness settings. With three levels of training, participants can choose the course which best meets their needs for personal safety and the safety of others in remote and wilderness environments.

The unique approach to program development and commitment to evidence-based practices ensures the course curriculum is effective and relevant.

Program features

- ✓ **Expanded course options** with a brand-new Wilderness First Responder level providing advanced first aid and CPR skills, leadership, and rescue decision-making skills for professional rescuers who work and respond to emergencies in remote or wilderness settings.
- ✓ **Alignment with the Canadian Standards Association (CSA) standard on workplace first aid education**, ensuring the 20-hour Remote First Aid course meets or exceeds the requirements for Intermediate First Aid (Standard First Aid).
- ✓ **Real-life learning activities and scenarios** specifically designed for wilderness and remote environments so participants get the most effective learning experience possible.
- ✓ **Wilderness & Remote Field Guide** provides a take-home resource that is portable, waterproof and includes pictures, protocols, and the latest evidence-based practices for first aid.