

## 2026 Kit List

### General Notes:

- Please ensure that **ALL** of your items are clearly labeled with names! We will not be responsible for lost/missing items.
- **ALL** items on this list are required, unless marked optional. This list has been created to ensure that campers are prepared for any weather that they may experience. Even in July it can get chilly at camp
- Please pack in a labelled tote. There is the possibility that luggage will have to remain outside the tent so we need them to be watertight. Please pack outfits in labelled bags.
- **DO NOT BRING:** electronic gadgets, cell phones, jewelry or gum or food of any kind.. There is very little cell service at camp and no ability for campers to charge gadgets. Gum, food, and other scented products can attract unwanted wildlife. We will have plenty of snacks available.

<p><b>Bedroll</b> - We will be spending some time practicing these at camp, but here <a href="#">is a video on how to put together a bedroll</a>. Please do not bring items in individual stuff sacks/bags - you will have to carry them to your tent site and individual bags are difficult to carry all at once and easy to misplace. Make sure that your bedroll is <u>labeled</u> with your name (either on the tarp or on some sort of tag) - it's no fun to unroll a bed and find out it isn't yours!</p>	
<input type="checkbox"/> Tarp	<a href="#">6ft x 8ft</a> is ideal, but larger tarps can be folded to work. Garbage bags and plastic dropsheets do not work as they tend to tear.
<input type="checkbox"/> Rope	3-4m long (at least 12 feet). String or bungee cords won't work.
<input type="checkbox"/> Sleeping pad *	This should be a thin closed-cell foam mattress* ( <a href="#">camping foamy</a> ) or <a href="#">self-inflating camping mattress</a> (no pump is required to inflate) or yoga mat.  Blow up mattresses do not work well - they tend to be too big for tents, are cold on the ground (because the air inside them cools down quickly), and we do not have the ability to use plug-in pumps at camp.
<input type="checkbox"/> Warm sleeping bag *	The character-type bags are not warm enough for camp.
<input type="checkbox"/> Sleeping bag liner	This can be a flat sheet, folded in half, inside the sleeping bag. It can add a bit of warmth, or, if it's really hot out, give something to lay under.
<input type="checkbox"/> Extra blanket	A thin, warm layer that you can add inside or on top of your sleeping bag to add warmth. A fleece sheet or blanket is a good option.
<input type="checkbox"/> Warm pajamas	Fleece 2-piece jammies or sweats and a sweatshirt are good options. Onesies are NOT recommended, as Guides get very cold when going to the bathroom!
<input type="checkbox"/> Toque	Your head isn't covered by your sleeping bag, so a toque is critical for staying warm on chilly nights! For safety, this needs to have no ear flaps or ties.
<input type="checkbox"/> Bed socks	A warm pair of socks to be used just in bed.
<input type="checkbox"/> Small stuffy	<i>(optional)</i> This stuffy should be no bigger than your head!
<input type="checkbox"/> Small pillow	<i>(optional)</i>

\* **Ditty Bag** - dishes need to be unbreakable plastic or metal - not disposable plastics. Items should be labeled with name and put in a [mesh drawstring bag](#). Dishes at camp are washed, rinsed, sanitized, and then placed in a mesh bag on a drying line to air dry.

<input type="checkbox"/> plate	<input type="checkbox"/> cup	<input type="checkbox"/> fork	<input type="checkbox"/> spoon
<input type="checkbox"/> bowl	<input type="checkbox"/> mug	<input type="checkbox"/> knife	

**Clothing:** Make sure everything is labeled with your name and that you have packed it yourself so you recognize it! Items have been selected to ensure that we are prepared for any weather. Please pack in spread outfit bags

<input type="checkbox"/> Hat	<b>A bucket-style hat (with a brim all the way around) must be worn whenever we are outside during daylight, except for swimming</b>
<input type="checkbox"/> 2 pairs pants or leggings	
<input type="checkbox"/> 1 sweatshirts or hoodie	
<input type="checkbox"/> 1 long sleeved shirt	<i>(optional)</i> Flannel or similar. These are good for another layer when a t-shirt isn't warm enough but a hoodie is too warm.
<input type="checkbox"/> 4 t-shirts	T-shirts are preferred over tank tops as they help protect us from the sun and bugs
<input type="checkbox"/> 2 pairs shorts	
<input type="checkbox"/> 4 pairs underwear	
<input type="checkbox"/> 4 pairs socks	At least one should be warm socks
<input type="checkbox"/> 2 comfortable bras	<i>(optional)</i> If you typically wear them, feel free to bring.
<input type="checkbox"/> Bathing suit	
<input type="checkbox"/> Warm jacket or fleece	
<input type="checkbox"/> Raincoat and rainpants	Raincoats should have a hood. "Garbage bag" type ponchos are not sturdy enough to keep you dry. The heavier vinyl ponchos (with snaps down the side) will work, although they are not preferred.
<input type="checkbox"/> 1 pair sturdy running shoes or hiking boots	Shoes need to have closed toes. Flip flops, slide sandals, or open-toed "sports" type sandals are not acceptable as they do not provide protection from roots, rocks, or other hazards on the ground. Shoes with heels or fashion boots are not acceptable as they do not provide the support/stability needed for walking on uneven ground.
<input type="checkbox"/> Rubber boots	
<input type="checkbox"/> Sandals	<i>(optional)</i> For beach use only

**Personal Pail** At camp we wash up in the morning and the evening using our personal pail to hold warm water. Please pack a plastic container (ice cream pail, wipes box, or larger tupperware) containing the following:

<input type="checkbox"/> <b>Toothbrush and toothpaste</b>	
<input type="checkbox"/> <b>Washcloth &amp; small towel</b>	A tea towel works well because it is thinner and dries quicker than a hand towel
<input type="checkbox"/> <b>Hairbrush or comb &amp; elastics</b>	Hair should be tied up while at camp. We will be doing lots of physical games, outdoor cooking and water play.
<input type="checkbox"/> <b>Deodorant</b>	
<input type="checkbox"/> <b>Lip balm</b>	
<input type="checkbox"/> <b>Soap</b>	For face and hand washing
<input type="checkbox"/> <b>Sanitary supplies</b>	<b>If required.</b> If you use reusable period products, bring a large ziploc bag to store used products.

<b>Miscellaneous items</b>	
<input type="checkbox"/> <b>Small Daypack</b>	Small bag to carry daily needs like sunscreen or hat
<input type="checkbox"/> <b>Water Bottle</b>	With a good seal.
<input type="checkbox"/> <b>Insect Repellent</b> <input type="checkbox"/> <b>Sunscreen</b>	Non-aerosol - pump spray is okay
<input type="checkbox"/> <b>Flashlight or headlamp with extra batteries</b>	
<input type="checkbox"/> <b>Small towel</b>	For at the beach
<input type="checkbox"/> <b>2 Garbage bags</b>	One for wet clothes, one for dirty clothes
<input type="checkbox"/> <b>Book</b> <input type="checkbox"/> <b>Notebook and pen or pencil</b> <input type="checkbox"/> <b>Games to share or play</b>	<b>(optional)</b> For the bus ride/downtime. Card-type games are great! We will have games available at camp as well.
<input type="checkbox"/> <b>Sunglasses</b> <input type="checkbox"/> <b>Watch</b> <input type="checkbox"/> <b>Camera</b>	<b>(optional)</b>
<input type="checkbox"/> <b>Camp chair</b>	A folding camping chair is ideal

**Medication:** **All medication must be in its original container and placed in a plastic zip-top bag labeled with your name and complete instructions written by parents/guardians.** Youth must pass it to the First Aider in charge upon arrival. This leader will ensure that the medication is taken when required and will keep a record. Please be sure to include over-the-counter items such as Tylenol and throat lozenges if you suspect you might need them (they must be included in the medication bag). We cannot provide any medication that you have not brought with you.