



Saturday, October 24th, 2026

8:30 a.m. – 4:00 p.m.

Girl  Guides

Registration Details

Registration must be completed through the online link. Register early for the best availability of sessions. Note that sessions may be adjusted based on registrations

Cost	Adults - \$35.00 including HST	Rangers - \$30.00 including HST
Food	Morning refreshments with gluten-friendly, peanut-sensitive, and vegetarian dietary needs will be provided. Please bring your own lunch or purchase onsite at the amenities available	PLEASE Bring a refillable water bottle
What to bring	Completed H2 to keep with you Casual uniform and Nametag Lunch or \$\$ for lunch	Pen/Pencil/Notebook or Paper Recording device if needed
Location	Fanshawe College 1001 Fanshawe College Blvd., London, ON, N5Y 5R6	'F' Building
Directions	From the <u>East, West or South</u> Veteran's Memorial Parkway Take Veteran's northbound to Oxford St and turn left Turn right onto Fanshawe College Blvd, turn right onto Campus Blvd and proceed to Lot 2. Parking is free. If needed participants can be dropped off at the front of 'F' building Of note Highbury Ave south is under construction: PLEASE avoid!	From the <u>North</u> Highbury Ave to Cheapside Turn left on Cheapside; turn right at Campus Drive Parking in Lot 2 OR Highbury Ave to Cheapside Turn left at Cheapside; turn right at Fanshawe College Blvd Turn Right at the main entrance and right as Campus Dr Lot 2
ACCESSIBLE PARKING IS AVAILABLE; PLEASE LET US KNOW IF IT'S NEEDED	All sessions will take place in Building "F" Please proceed to Canada Life Village Square when you arrive	Questions: Please email Janet Robinson at celticknot@live.com

	Schedule	
Time	Activity	Location
8:30	Registration	Canada Life Village Square
8:45	Opening	Canada Life Village Square
9:00	Session A	Breakout Rooms
10:15	Break	Canada Life Village Square or Onsite Amenities
10:30	Session B	Breakout Rooms
11:45	Lunch	Canada Life Village Square or Onsite Amenities
12:45	Session C	Breakout Rooms
2:00	Break	Canada Life Village Square or Onsite Amenities
2:15	Session D	Breakout Rooms
3:30	Closing	Canada Life Village Square
4:00	Depart	

All Team Trainings taken today will be added to ADULT iMis records and will contribute to ADULT TEAM training pins. Youth/Rangers can participate in these sessions but do not receive credit on their future adult records

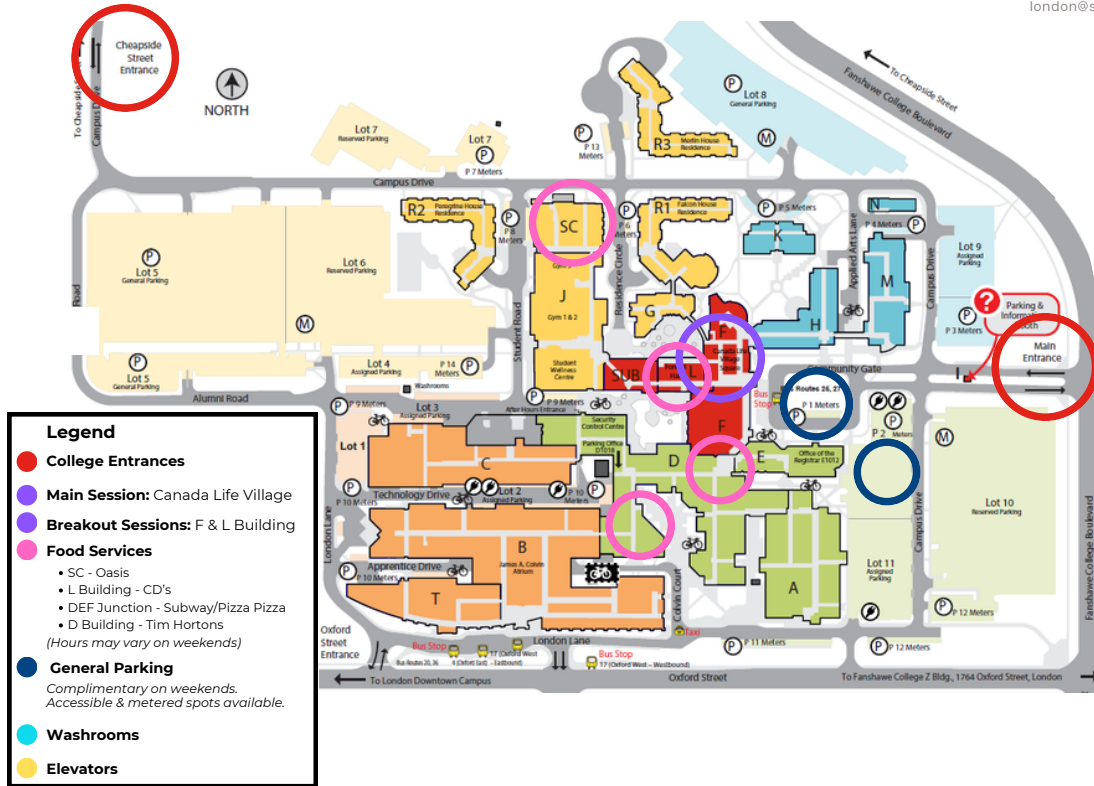
Fanshawe College - Campus Map

Girl Guide Retreat | October 24, 2026



FANSHAWE

Conference Services
1001 Fanshawe College Blvd.
London, ON N5Y 5R6
T: 519.452.4440
london@stayrcc.com



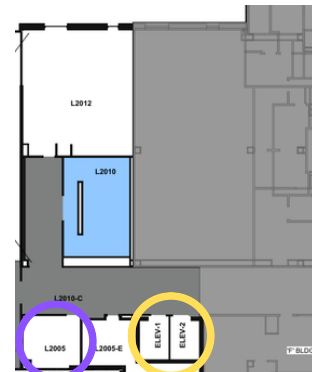
F Building, 1st Floor



F Building, 2nd Floor



L Building, 2nd Floor



	FULL Day – 4 sessions	Session Leader
FD1	Day Camps and Sleepovers All Get ready to venture beyond your regular unit meeting! In this whole day session, you will go through all three Modules of the new Day Outings and Sleepovers Learning Path In the first module, Planning Day Outings and Sleepovers, you will learn how to plan a day outing or a sleepover where you plan the program activities yourself. The second module, Managing Food, you will explore how to plan and prepare safe, inclusive, and satisfying meals for your experience. Learn how to create thoughtful menus, manage dietary needs, estimate quantities, and practice safe food handling and clean-u Finally, the third module, Running Day Outings and Sleepovers, you will explore the skills you need on the day of your special experience, including managing the group in a new setting, being flexible to changing needs, and sharing leadership during a longer experience Sign up for this whole day session to see how Guiders can Make wonderful events Happen!	Gwendolyn Dekker
	AM Single Sessions	
A1	Sparks and Embers - Essential Songs All Openings, Closings, Celebrations, Sisterhood and Campfire	Evelyn Parfitt
A2	Sparks - All About the Branch All This training will help new Guiders learn all about Sparks. Guiders will explore the physical, intellectual, and social development of girls aged 5-6 along with best practices for engaging Sparks. Guiders will also discover Sparks traditions and learn how to create engaging unit meetings that reflect the uniqueness of Sparks-aged girls	Janet Robinson
A3	Crafty Guiding Memories All Are you looking for crafty keepsakes to make with your unit? The Paper Bag Scrapbook and Guiding Memory Cube are perfect projects to support the Spirit of Guiding and Art Studio program! You will make and take a Paper Bag Scrapbook and Guiding Memory Cube that you can show off and instructions on how to make these with your unit! Optional Items to bring: 2-3 swaps, 3-5 photos (that can be cut into 2x2 or 3x3) these items will be added to your projects	Dawn Houghton

A4	Guiding Pin Trefoil All Enjoy your creative side and craft a Trefoil shape with old Guiding pins	Anne Flood
B1	Recycle Crafts All Tin Can Lantern – adding a design to a tin can with nails to light up your camp! ModPodge Fairy Lantern – Use fun patterns and designs to create a fun fairy lantern Shrink Art from Plastic Containers – Save costs by using plastic food containers for shrink art. Adding your own design gives it a special look These are crafts that you can do with your units	Andra Olaveson
B2	Safe Guide Tips and Tricks All Submitting Safe Guide forms doesn't have to be time-consuming or confusing. This practical session will walk leaders through the key components of successful Safe Guide submissions, highlighting the information that should be included every time, the forms required for different types of activities, and where to quickly find essential resources such as supervision ratios and activity standards. The session will also share practical tips and time-saving strategies to streamline the process, making it easier to prepare multiple Safe Guide submissions throughout the Guiding year. Whether you're new to Safe Guide or looking for ways to work more efficiently, you'll leave with tools and techniques to simplify your planning and help ensure your activities are approved the first time	Kris McNaughton
B3	Sparks and Embers - Singing Games All	Evelyn Parfitt
B4	Embers - All About the Branch All This training will help new Guiders learn all about Embers. Guiders will explore the physical, intellectual, and social development of girls aged 7-8 along with best practices for engaging Embers. Guiders will also discover Ember traditions and learn how to create engaging unit meetings that reflect the uniqueness of Ember-aged girls	Janet Robinson
B5	Kitchen Sink Science All STEM (Science, Technology, Engineering and Math) is at the forefront of education, but what if you think you hate math and you never took high school chemistry. Does that mean your unit is missing out on earning the Science Lab badge? This session will simplify and demystify STEM using supplies you already have in your kitchen and around the house, no weird ingredients or ordering expensive science equipment. This is a hands-on session, and everyone will have the opportunity to do an experiment	Natalie Quinton

B6	Understanding Challenging Behaviours All Looking for some tips and tricks dealing with Challenging Behaviours? From a volunteer perspective, we will discuss some ideas how to help you understand our members who need a bit of extra care. We will look at and discuss what challenging behaviours are, where they come from and leave with some strategies on how to manage. This session is not about changing children, but how to change how we control ourselves when faced with challenging behaviours	Shannon Callaghan
B7	Break Out Box – a How To: All Ever wanted to make a Breakout Box? What components work best? How to adapt the box for skill progression? Join us as we make a Canadian Connections Breakout Box for all Branches: Sparks to Rangers	Margaret Ann Montgomery Cathy Lamoureux

	AM Double Sessions	
AB1	Introduction to Adventure Camping - Leadership Styles & Dynamics All Adventure Camping Learning Path If you've taken girls or youth on multi-night camping trips, then you might be ready to expand your skills to remote settings with few or no amenities where all food and equipment must be carried. Learn the skills you need to take girls and youth into the backcountry safely. Pre-requisite: You must complete the Overnight Camping Learning Path or have equivalency. To request equivalency, review the Overnight Camping Learning Path Equivalency Chart to fill out the TR.1 form and send it to your Provincial Learning & Engagement Adviser. You can do the Adventure Camping modules (21 hours of training) in any order. We are offering one of the modules and will discuss options for the rest of the modules during the training Explore leadership styles and group dynamics to understand what makes an effective leader and how to support both leaders and participants during adventure camping	Barb Robinson Liz Lovis
AB2	Self-Leadership All Grow Self-Awareness by identifying the skills and leadership style that you bring and the ways in which you apply them to your leadership role. Consider how you influence your emotions, thoughts and behavior for a positive impact on your leadership goals You will have the opportunity to identify areas of growth and apply strategies to help you lead yourself as a more effective and responsive leader. Self-Leadership is one of 4 course that comprise the Leadership Learning Path. Guiders will receive a certificate upon completing this course and it will be recorded on your Imis record	Janette Newcombe Cindy Warner

	PM Single Sessions	
C1	Guides and Pathfinders - Essential Songs All Openings, Closings, Celebrations, Sisterhood and Campfire	Evelyn Parfitt
C2	International Travel All Have you ever dreamed about travelling across Canada or beyond our borders with Girl Guiding youth or adults? Come share your dream and find out how to make them a reality. This session is ideal for Guiders of any experience or branch level. You can be a novice explorer or an advanced adventurer. Come chat about travel and adventure!	Kris McGee
C3	Ranger Focussed Ideas Rangers (Youth) Scholarships, Safe Guide, What's Next Scholarships Understanding and applying for scholarships GGC offers many different scholarships/bursaries at the national, provincial and local levels. The criteria and amounts vary, but they all have a common goal: To recognize the achievements of GGC Members and to help them finance further education. Safe Guide Understanding Safe Guide and Risk Management. What has your Guider been up to? How does it affect unit activities and decision making? Why do we need it and how can you help? What Comes Next? The transition to adult membership is made at the end of your final Rangers year, which varies across the country but generally corresponds to the end of high school and the provincial age of majority. The knowledge and experience you gain in Guiding allow you to meet some of the training requirements for adult Members	Barb Robinson Liz Lovis Erin Getty
C4	Recycle Crafts All Tin Can Lantern – adding a design to a tin can with nails to light up your camp! ModPodge Fairy Lantern – Use fun patterns and designs to create a fun fairy lantern Shrink Art from Plastic Containers – Save costs by using plastic food containers for shrink art. Adding your own design gives it a special look These are crafts that you can do with your units	Andra Olaveson

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CD1	Lapbooks All A Lapbook is a homeschool method that has children making mini books of the concepts they learn. The mini books are collated in a larger folder of that same topic. This is good for learning and retaining topics we learn about in Guiding	Barb Garber
CD2	Map and Compass All Are you looking for "One Direction" on your compass? Come check out activities on directional navigation from Sparks to Rangers. Participate in the progression of skills associated with map reading and compass work thru activities, crafts, stories, games and experiments	Margaret Ann Montgomery Catherine Lamoureux

CD3	Leadership in the Guiding Context All Explore the unique nature of leadership at Girl Guides of Canada. Activities and discussions focus on how you can contribute to building strong networks and teams and ultimately, how you can serve as a catalyst for women and girls. Leadership in the Guiding Context is one of 4 courses that comprise the Leadership Learning Path. Guiders will receive a certificate and have the course put on their Imis record	Janette Newcombe Cindy Warner
CD4	DEIA - Foundations All This session offers a welcoming, foundational introduction to Diversity, Equity, Inclusion, and Accessibility (DEIA). Designed for Guiders at any stage of learning, it creates a supportive space to build shared understanding, ask questions, and reflect on everyday practices. Whether you are brand new to DEIA concepts or looking to strengthen and refresh your knowledge, this session will explore key ideas, common language, and practical considerations that can be applied in Guiding spaces. Participants are encouraged to engage at their own comfort level and leave with greater confidence to continue their DEIA learning journey	Shannon Callaghan