



NORTHERN ENRICHMENT DAY *2026*

Saturday November 14, 2026
9:30 a.m - 4:30 p.m

-  **17 sessions to choose from!**
-  **Open to ALL adults**
-  **Something for everyone**
-  **Connect with other guiders**
-  **Sisterhood**

REGISTRATION DETAILS

REGISTRATION: Registration must be completed online via the event calendar. Registration open for Community 34 members **ONLY UNTIL October 10, 2026**. After this time remaining spots will be open to all of Ontario. Registration closes **Saturday October 24, 2026**. Sessions will be assigned on a first come first serve basis (based on when registration submitted). Register early for best availability of sessions. **Register now to avoid disappointment!**

COST: \$35(HST incl.) - includes coffee, tea, water, session materials and handouts. **Please note transportation is the responsibility of the participant and will not be subsidized.**

DRESS: Casual uniform
Please bring your nametag
Non-marking rubber soled shoes for gym activities

PLEASE BRING:
LUG-A-MUG and a refillable water bottle (only coffee, tea, and water will be provided)
Pen, pencil, and paper.
Please bring a **completed H.2 form** with you on the day of the event (we will provide holders for you to put your health form in)

ON-SITE CHECK-IN: Registration begins at 9:30 a.m.
Opening begins promptly at 10:00 a.m.

LUNCH: Please **bring your own bag lunch** (lunch will not be provided)
In order to respect the school environment please make sure your lunch is **nut-free**

EVENT LOCATION: **Marymount Academy**
165 D'Youville St., Sudbury

QUESTIONS: Registration Related email: Crystal Manfred @ cm_cn@hotmail.com
Session Related email:
Jenn Phelps @ sapphirejennGUIDER@gmail.com

HAT SWAPAPOLOZA

Have left over hat swaps, bring them and swap with your fellow Guiders at our hat swapping station.

Don't have any to swap, come see what other Guiders have created for inspiration for future events.



CREST FRENZIE

Do you love crests? If you want to trade for fun and unique crests, you will have the opportunity to swap at our swapping station, Bring as many or as little as you wish to trade with your fellow Guiders.

SERVICE PROJECT



SUDBURY
WOMEN'S CENTRE

Please help us give back to the Woman in our community, we will be collecting resources for the Sudbury Women's shelter. Please bring a donation of sanitary, hygiene or other daily must haves in order to help the women in our community.

RESOURCE RESCUE RE-STORE

Are there resources filling your closets you no longer need?

Do you have vintage or abundance of clothing/uniforms that you no longer want?

Have an abundance of vintage Program badges or Crests you do not want to swap?

Are you a Guider looking for some great used Guiding resources?

If you answered **YES** then our re-store table is for YOU!

Each participant can bring resource publication they no longer require, books, insta meetings, craft books, camping books, activity books, guiding magazines, Guiding clothing/Uniform, ceremonial items ie toad stools, flags, flag stands

PLEASE NO PAPER COPIES

PLEASE NO CRAFT SUPPLIES

The re-store will be open for your browsing and shopping pleasure during breaks or while supplies last

NOTHING over \$5.00

ALL proceeds will go to CWFF. Thank you in advance for your participation!!

MORNING SESSION ~ 10:30a.m - 12:00 p.m

A1

Card Making -Learn how to make handmade greeting cards for different occasions. Birthday, Thank you and generic cards using different techniques
THERE IS AN EXTRA \$10 CHARGE FOR THIS SESSION - if you choose this session please bring the \$10 with you to the event

Max Participates: 15

Session Leader - Dawn Moore

A2

Can I Hug a Girl? - What do I report, what do I handle and how do I keep everyone safe?

Session Leader - Marcia Powers-Dunlop

A3

Planning Day Outings and Sleepovers -

You will prepare to venture beyond your regular unit meetings by learning how to plan a day outing or a sleepover where you plan the program activities yourself.

Min Participates: 5

Max Participates: 24

Session Leader - Margaret Harper & Jolene Rhyno

A4

Crafts for Sparks - Make your Guiding program a little more interesting by adding a craft or two!!

Come learn what you need to know, materials you will need and create a craft you can use at your unit meetings place!!

You will need to bring: glue gun and sharp pair of scissors

Min Participates: 5

Session Leader - Linda Knight

MORNING SESSION CONTINUED

~ 10:30a.m - 12:00 p.m

A5

Air Freshener's/ Wax Bar Making - Learn the basics of Air Fresheners/wax bar making in this hands-on workshop. Participants will create their own project while exploring a creative activity that can inspire future ideas. You will be using silicone molds, essential oils, and dry flowers to create your Air Fresheners/Wax-bars.

Session Leader - Artistry 67

A6

From Allergies to Culture: Inclusive Food Practices for Guiding Events - This session provides Guiders with practical tools and strategies for planning and delivering food-related activities that are safe, respectful, and welcoming for all participants. Through real-world examples and discussion, participants will explore how to navigate dietary restrictions, communicate effectively with families, reduce barriers to participation, and make informed decisions when selecting menus, snacks, and food-based programming.

Min Participants = 8

Max Participants = 25

Session Leader - Stephanie Hamon

MORNING SESSION CONTINUED

~ 10:30a.m - 12:00 p.m

A7

Air Freshener's/ Wax Bar Making - Learn the basics of Air Fresheners/wax bar making in this hands-on workshop. Participants will create their own project while exploring a creative activity that can inspire future ideas. You will be using silicone molds, essential oils, and dry flowers to create your Air Fresheners/Wax-bars.

Session Leader - Artistry 67

LUNCH ACTIVITIES 12:00PM-1:00PM

AFTERNOON DOUBLE SESSION ~ 1:00pm - 4:15 p.m

D1

DEIA Questions/Answers - Come with your questions, tips, successes, challenges and concerns and let's talk about DEIA so we can help make Guiding welcoming and safe for all. Marica will help you understand.

Session Leader - Marcia Dunlop-Powers

EARLY AFTERNOON SINGLE SESSION ~

1:00p.m - 2:30 p.m

B1

Zumba - Learn different dance rhythms from around the world. No dance experience is required! Discover ways to incorporate movement, wellness.

Min Participates :5

Session Leader - Kellie Robertson

B2

Running Day Outings and Sleepovers -

This is one of three modules in the Day Outings and Sleepovers Learning Path. Explore the skills you need on the day of your special experience, including managing the group in a new setting, being flexible to changing needs and sharing leadership during a longer experience

Session Leader - Margaret Harper

B3

Crafts for Embers - Make your Guiding program a little more interesting by adding a craft or two!!

Come learn what you need to know, materials you will need and create a craft you can use at your unit meetings place!!

You will need to bring: glue gun and sharp pair of scissors

Min Participates: 5

Session Leader - Linda Knight

EARLY AFTERNOON SINGLE SESSION CONTINUED

~1:00p.m - 2:30 p.m

B4

Card Making - Join Dawn Moore to learn how to make handmade greeting cards for different occasions. Birthday, Thank you and generic cards using different techniques. **THERE IS AN EXTRA \$10 CHARGE FOR THIS SESSION - if you choose this session please bring the \$10 with you to the event**

Max Participants = 15

Session Leader - Dawn Moore

B5

Air Freshener's/ Wax Bar Making - Learn the basics of Air Fresheners/wax bar making in this hands-on workshop. Participants will create their own project while exploring a creative activity that can inspire future ideas. You will be using silicone molds, essential oils, and dry flowers to create your Air Fresheners/Wax-bars.

Session Leader - Artistry 67

B6

Managing Food for Day Outings & Sleepovers - Explore how to plan and prepare safe, inclusive, and satisfying meals for your experience. Create menus, manage dietary needs, estimate quantities, and practice safe food handling and clean-up

Session Leader - Jolene Rhyno

LATE AFTERNOON SINGLE SESSION ~

2:45p.m - 4:15 p.m

C1

Zumba - Learn different dance rhythms from around the world. No dance experience is required! Discover ways to incorporate movement, wellness.

Min Participates :5

Session Leader - Kellie Robertson

C2

Crafts for Guides & Pathfinders - Make your Guiding program a little more interesting by adding a craft or two!! Come learn what you need to know, materials you will need and create a craft you can use at your unit meetings place!!
You will need to bring: glue gun and sharp pair of scissors

Min Participates: 5

Session Leader - Linda Knight

C3

Compass Games - Compass and active games for Guides and older units. **Please note if weather permits this session will be held outside.**

Session Leader - Margaret Harper

LATE AFTERNOON SINGLE SESSION CONTINUED

~ 2:45p.m - 4:15 p.m

C4

Conflict Management & De-escalation in the Guiding Context

Participants will learn how to identify the early signs of conflict, understand common sources of tension in Guiding settings, and apply effective communication techniques to address challenging situations with confidence and respect. Through discussion, real-life Guiding scenarios, and reflective activities, participants will develop strategies to respond constructively to conflict, reduce escalation, and support collaborative problem-solving.

Min Participants = 6

Max Participants = 20

Session Leader - Stephanie Hamon

CLOSING CAMPFIRE

4:15PM-4:30PM